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UMMA Trust

Umma Trust Aspirations & Values Underpinning Social Service Delivery & International Development

do good and to relatives, orphans, and the needy, and speak kindly to mankind. Establish prayer and give Zakat (Surah Al-Baqara 2:83)

Islamic values of compassion, kindness, respect, be charitable, humility, honesty, patience, being positive, non judgmental, non discriminatory and obeying the laws of country of residence

Strengths based & holistic approach to working with families

IMPACT STREAMS

- Healthy & Stable Families
- Financial capability for families
- Employment Pathways

CLIENT POPULATIONS

Census 2013: 24,945 MELAA people in Auckland the majority in Auckland/Albert/Roskill

Statistics NZ: Quota refugees after 5 years in NZ:
34% employed 66% unemployed

ADHB Deprivation index: MELAA populations 9.5 /10

1.

Change Agents

Research identifies the most effective change agent to transform the lives of disadvantaged children is to

educate mothers

increase income managed by mothers

References:

Mayer E "The influence of parental incomes on children's outcomes" published by Knowledge Management Group, Ministry of Social Development, Te Manatu Whakahiato Ora 2002

"The effect of parental income is positive for all outcomes included in this review. These outcomes include cognitive test scores, socio-emotional well-being, mental health, behavioural problems, several measures of health, teenage childbearing, educational outcomes, and future economic status."

["Grameen Bank At a Glance"](#). Grameen Communications. Retrieved 2009-07-07.

*Leach, Fiona; Shashikhala Sitiram (2002). ["Microfinance and Women's Empowerment: A Lesson from India"](#). *Development in Practice* **12**: 575–588.*



Programmes Current at UMMA Trust

Healthy and Stable Families

Mothers of Disabled Children's Programme

Increases socialisation and access to services

May Road Mother's Women's Health Programme

- Women's rights to health and wellbeing from Western and Islamic perspectives(FGM/ forced /underage marriage/HIV)
- Breast Cancer Screening
- Family Spacing

Women only swimming programme

Located at Cameron Pools

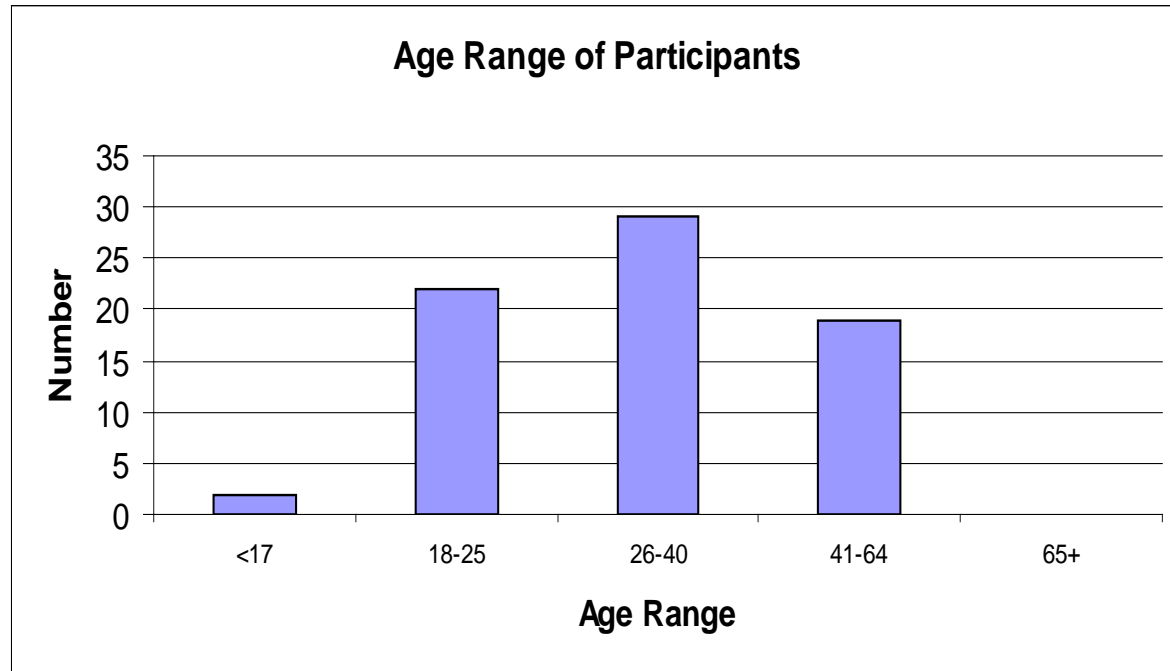
- Has been running for over 10 years
- Started as Muslim women only programme
- In 2014 it expanded to **all** women only

2216 participant places over past year

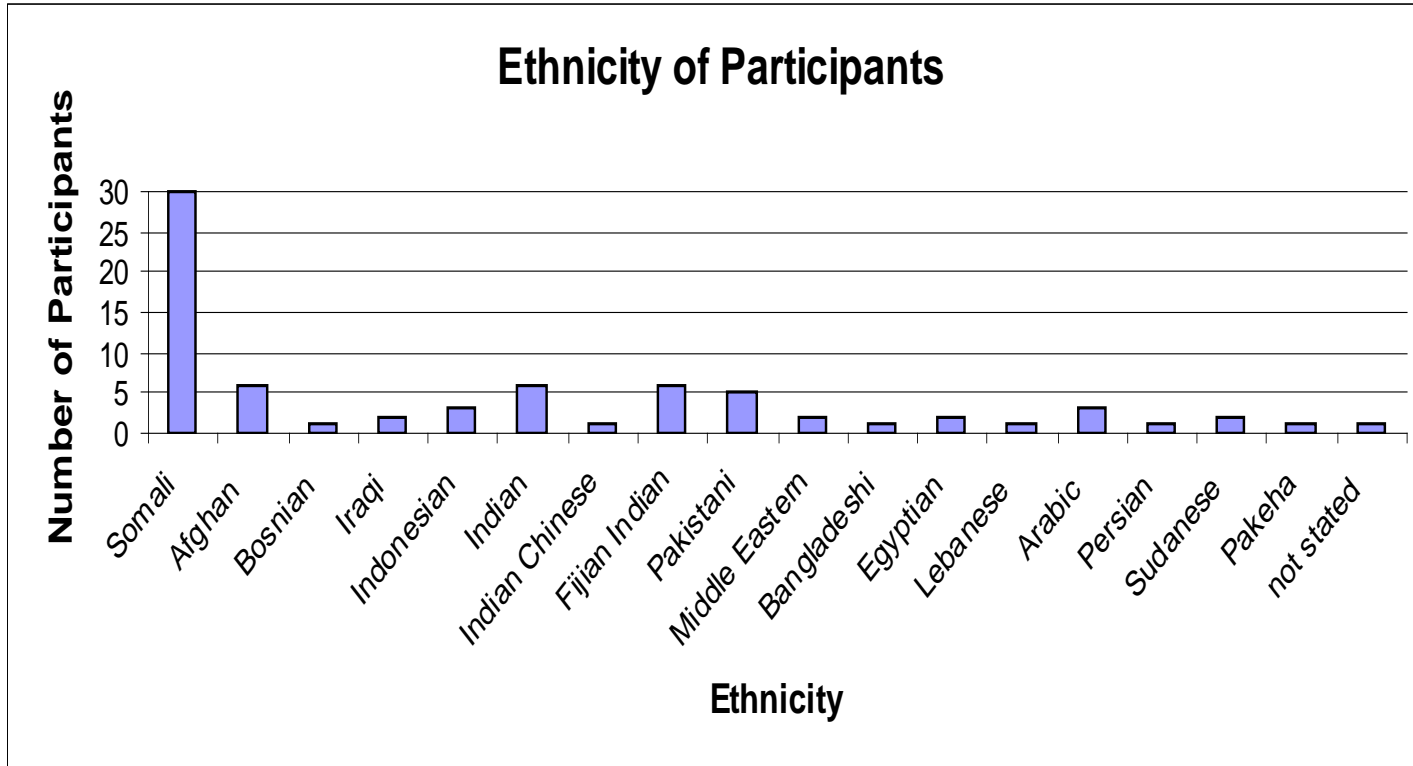
MAY ROAD MOTHERS



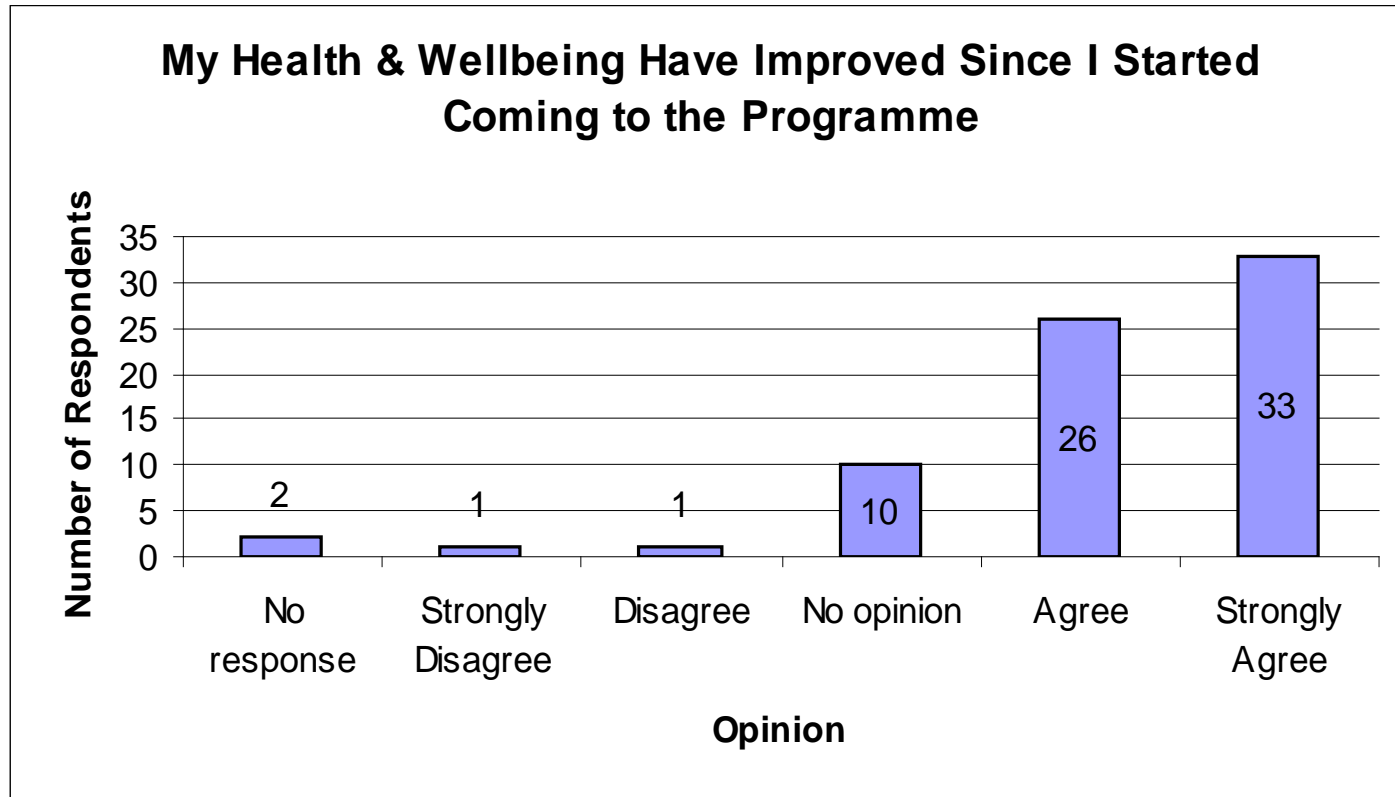
Evaluation of Swimming Programme



Ethnicity of Participants



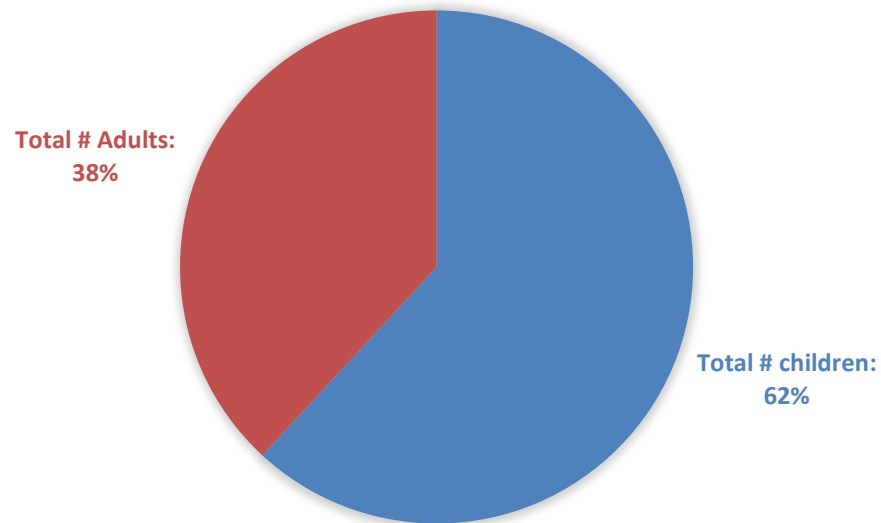
Improved health and wellbeing



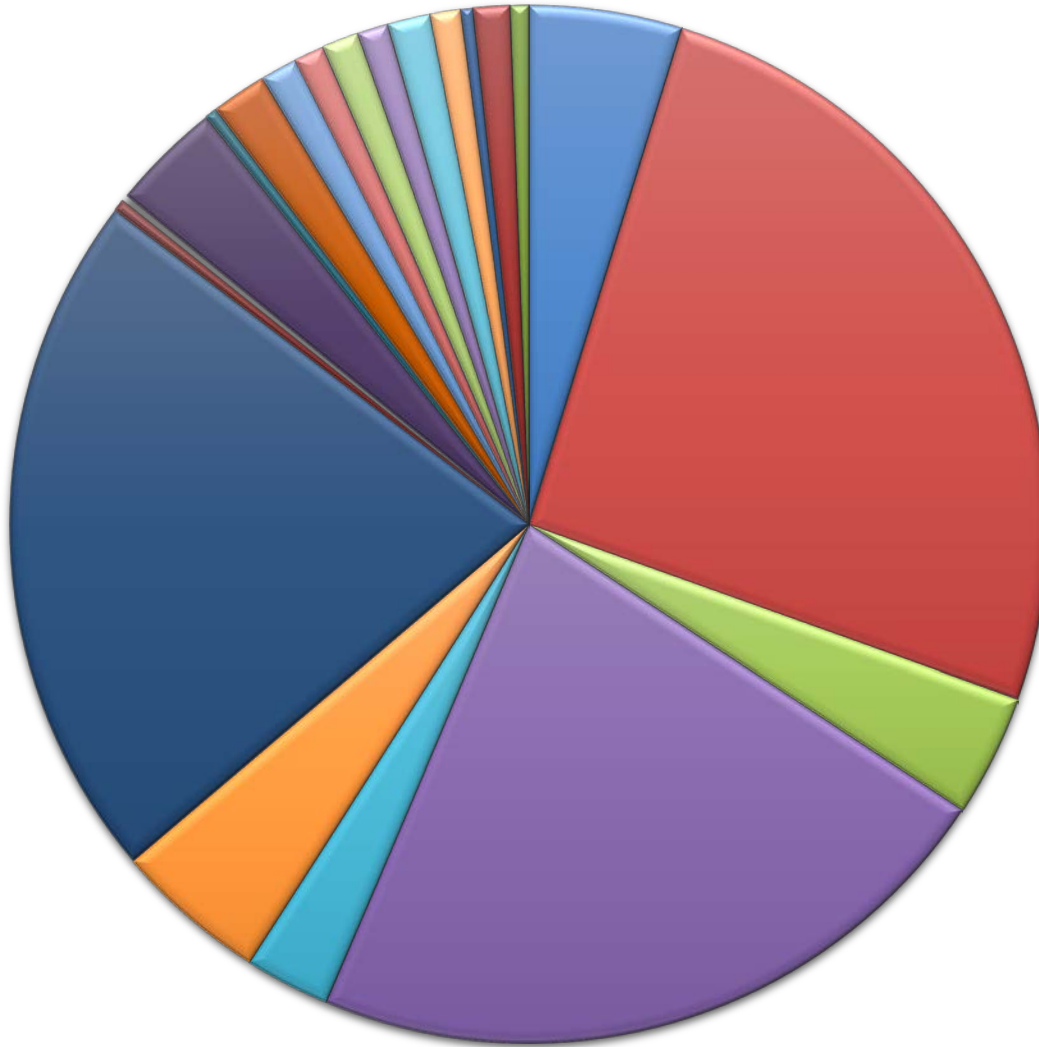
FOODBANK

1000+ people fed annually

FEBRUARY - AUGUST 2015 FOOD PARCEL RECIPIENTS



Number of People



- Fijian Indian
- Ethiopian
- Eritrean
- Somali
- Palestinian
- South African
- Afghani
- Pakeha
- European
- Congolese
- Columbia
- Burmese
- Indian
- Syrian
- Iranian
- Sri Lankan
- Iraqi
- Sudanese
- Bangladeshi
- Kurdish
- Maori

Parenting programmes

- Parents from traditional societies are very resilient and have wide range of skills
- The model needs to be adjusted to suit the diversity of styles/cultures/values
- This requires a trainer from that culture/value system to deliver the training – some time in partnership with mainstream trainers

Multi Generational Parenting Programmes

In extended family homes intergenerational difference in child rearing practice is a challenge

480 participant places in parenting programmes for mothers/grandmothers/pre-schoolers

Financial Capability & Employment Pathways for women

Driving Programme

*Transforming women's lives one driving licence
at a time*

Women's Enterprise Programme

Volunteers supplement benefits. They are
trained and work in projects:

Catering / Cleaning / Ethiopian Coffee

COFFEE CEREMONY



Women's Leadership Programme

2015 30 of 32 women previously isolated and marginalised are currently in education / training / employment

*Early Childhood, Social Work, IT, Business Studies
Starting from Certificate moving to Degrees*

Youth Development Project

Aim

Young Muslim New Zealanders have a strong sense of belonging and positively contribute to society

Values

- All initiatives reflect The Umma Trust values – *support one to empower many*
- All initiatives take an intergenerational approach where parents and whanau are consulted at all levels.

Youth and Supporters



Objectives

- The voice of young Muslim people is encouraged, heard, respected and central to the development of the project
- The needs of young Muslim people in Auckland will be explored and understood
- Young Muslim New Zealanders will be empowered to contribute positively to New Zealand society
- The Project is evidenced based, agile and responsive to ongoing programme evaluation.

Values

- Islamic principles and values
- E Tu Whanau Values –

Aroha – giving with no expectation of return

Whanaungtanga – it's about being connected

Whakapapa – knowing who you are and where you belong

Mana/ manaaki – building the mana of others through nurturing, growing and challenging

Korero Awhi – positive communication and actions

Tikanga – doing things the right way according to our values.

Strategies

- Establish a Youth Council
- Establish an Advisory Council
- Undertake a scoping/needs assessment
- Developing a youth focused action plan
- Establish early prevention and support for young people at risk of poor social outcomes
- Evaluate the project using agile and responsive evaluation mechanisms.

Support

“living, just breathing but they are blank behind their eyes”

A ‘priority person’ can be defined as:

- A young person aged 12-30 years old
- Has had changes in their usual patterns, school attendance, school grades, and attentiveness in class, mood, friends or physical appearance
- Is becoming isolated or is isolated from friends, family, sports, the mosque, community
- Has no dreams, no hobbies, not engaged in sports
- Not in employment, education or training (NEETS)
- Appears “lost, isolated or stuck”
- Has lost confidence in themselves, seems a little down or depressed
- Is from a refugee or migrant background.

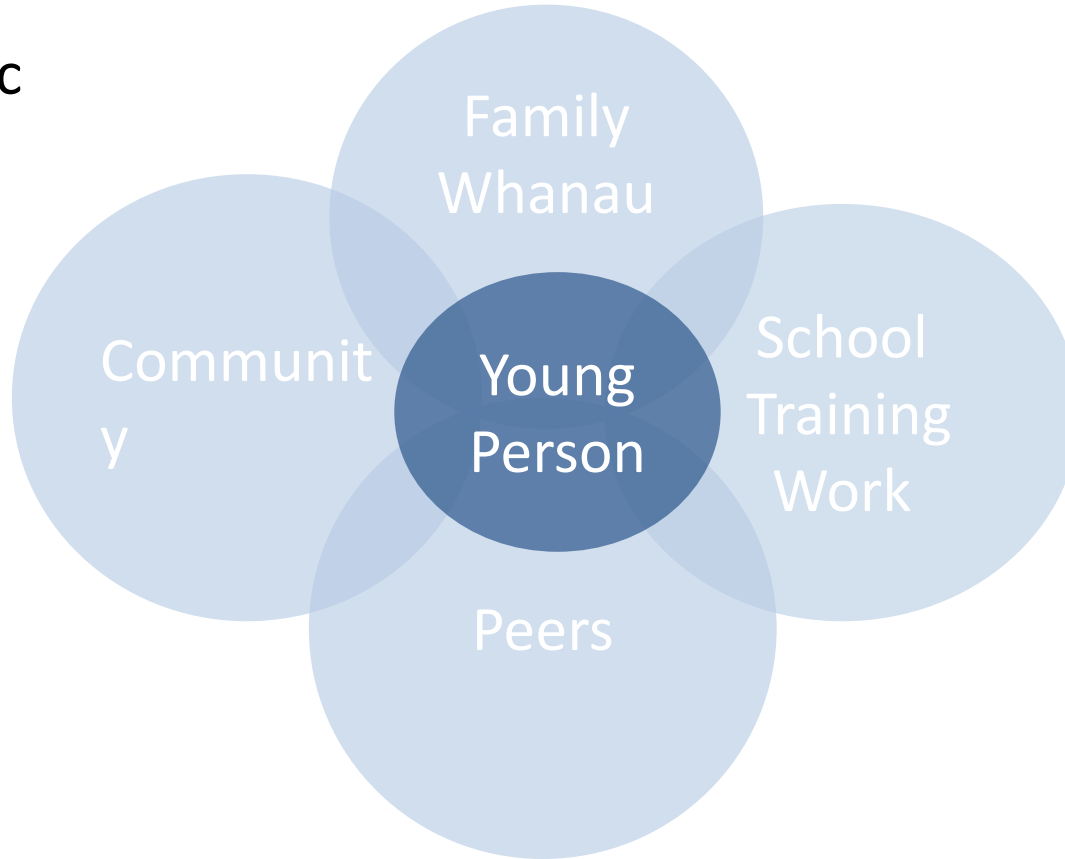


Manu Pīrere = Fledgling Eagle

***Acknowledges the potential of youth
and their ability to be future leaders***

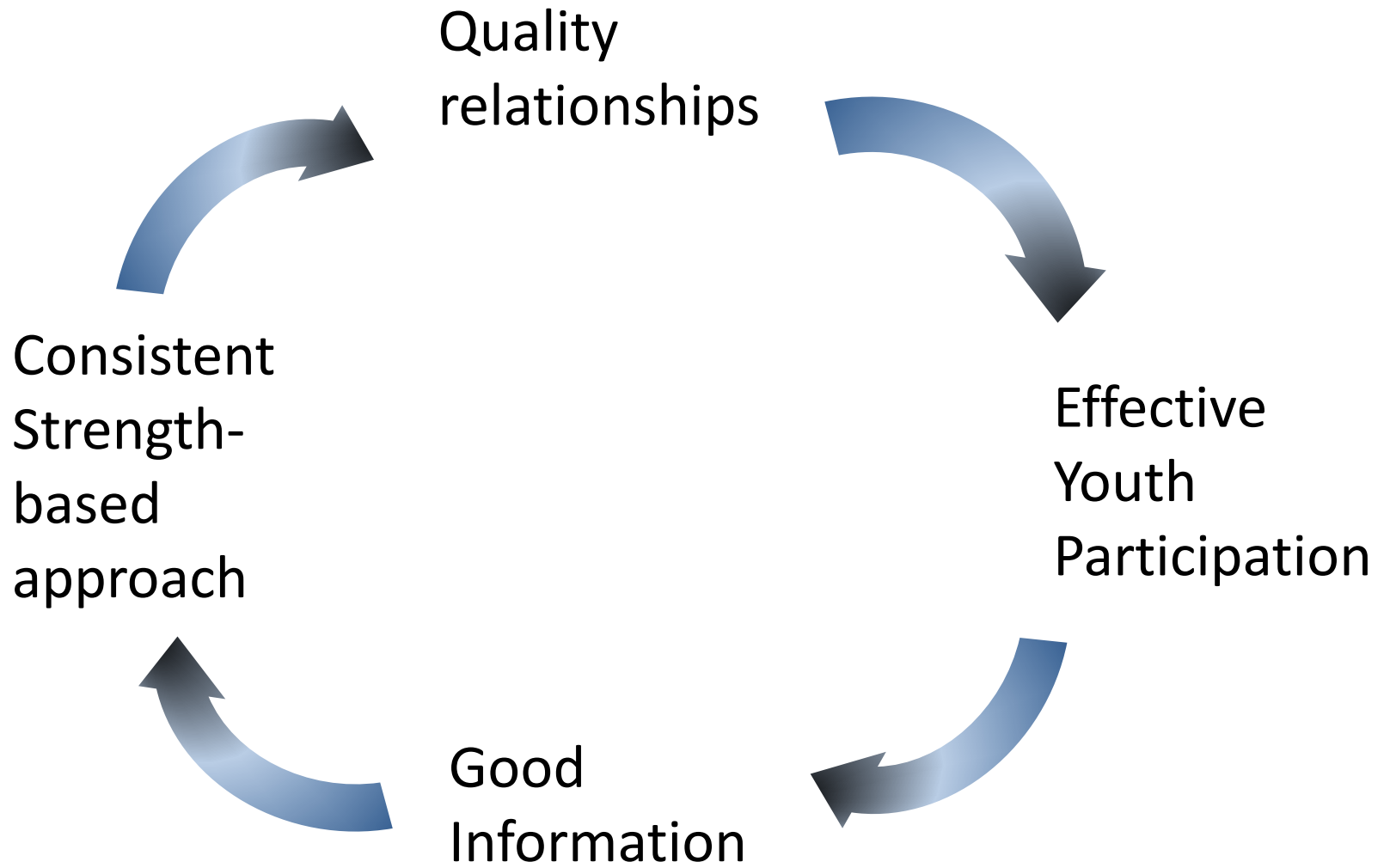
Social
Economic
Cultural
Contexts

Treaty of
Waitangi



Values
Belief
Systems
Islam

International
Obligations



Better Outcomes for:

- Young people
- Wider community

We grow
Discover
Create change
Possibilities are endless

'Support one to empower many'

