

19-071

*Commercial In Confidence*

**The National Survey Of Lotteries, Gaming & Betting Activities  
Survey Questionnaire – Follow-up Survey 2020**

**UNDERSTANDING GAMBLING RELAPSE AND ASSOCIATED  
FACTORS**

**NRB Version 2  
September/October 2020**

**Questionnaire prepared by National Research Bureau (NRB)  
for Auckland University of Technology (AUT)**



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# AUT 2020 GAMBLING RELAPSE QUESTIONNAIRE

## INTERVIEWER ADMINISTRATION SECTION

Interviewer:

Enter the three digit Respondent Number from your Sampling Sheet

Respondent Number

## 1. GAMBLING PARTICIPATION

1.01 For each activity I will read out, please tell me whether or not you have done that activity in the last 5 years (since 2015). [Read out a. to o. and select Yes or No for each]

		Yes	No	Don't know	Refused
a	Played cards for money (not in a casino). This includes in a commercial venue in New Zealand (eg, a pub), with friends or family in a private residence, by telephone, online or by interactive TV	1	2	3	4
b	Made bets with friends, workmates, on such things as the NRL, Super 15 Rugby, Melbourne Cup, etc for money or prizes	1	2	3	4
c	Played text (mobile phone) games or competitions for money or prizes	1	2	3	4
d	Bought a ticket in a NZ raffle or lottery (does not include Lotteries Commission games: Lotto, Strike, Powerball, keno or Instant Kiwi)	1	2	3	4
e	Bought a Lotteries Commission Lotto ticket for a Wednesday or Saturday draw (this includes Strike and Powerball)	1	2	3	4
f	Bought a Lotteries Commission Keno ticket	1	2	3	4
g	Bought an Instant Kiwi or other Scratch ticket	1	2	3	4
h	Played housie (bingo) for money	1	2	3	4
i	Bet money on a horse or dog race ( <u>includes</u> any bets made in New Zealand, overseas, or with an overseas betting organisation, whether at the track, a TAB outlet, a TAB in a pub or club, by telephone, online (e.g. using a laptop, tablet or smartphone), or by interactive TV. <u>DO NOT</u> include informal bets with friends/workmates on such things as NRL, Super 15 Rugby, Melbourne Cup, etc.)	1	2	3	4
j	Bet money on a sporting event, other than horse or dog races ( <u>includes</u> any bets made in New Zealand, overseas or with an overseas betting organisation, whether at a TAB outlet, a TAB in a pub or club, by telephone, online (e.g. using a laptop, tablet or smartphone) or by interactive TV. <u>DO NOT</u> include informal bets with friends/workmates on such things as NRL, Super 15 Rugby, Melbourne Cup, etc.)	1	2	3	4
k	Played a gaming machine or pokies, table game or any other game at an overseas casino (in person, not online)	1	2	3	4
l	Played a gaming machine or pokies, table game or any other game at one of the six casinos (in NZ)	1	2	3	4
m	Played a gaming machine or pokies in a pub (not in a casino or club)	1	2	3	4
n	Played a gaming machine or pokies in a club (not in a casino or pub)	1	2	3	4
o	Spent money on any online gambling activity (e.g. using a laptop, tablet or smartphone) <u>excluding</u> NZ Lotto or NZ TAB online purchases?	1	2	3	4

**1.02 Now, please tell me whether or not you have done that activity in the last 12 months.**  
**[Read out a-o and select Yes or No for each]**

		Yes	No	Don't know	Refused
a	Played cards for money (not in a casino)	1	2	3	4
b	Made bets with friends, workmates, on such things as the Super 15 Rugby, NRL, Melbourne Cup, etc for money or prizes	1	2	3	4
c	Played text (mobile phone) games or competitions for money or prizes	1	2	3	4
d	Bought a ticket in a NZ raffle or lottery (does not include Lotteries Commission games: Lotto, Strike, Powerball, keno or Instant Kiwi)	1	2	3	4
e	Bought a Lotteries Commission Lotto ticket for a Wednesday or Saturday draw (this includes Strike and Powerball)	1	2	3	4
f	Bought a Lotteries Commission Keno ticket	1	2	3	4
g	Bought an Instant Kiwi or other Scratch ticket	1	2	3	4
h	Played housie (bingo) for money	1	2	3	4
i	Bet money on a horse or dog race ( <u>includes</u> any bets made in New Zealand, overseas, or with an overseas betting organisation, whether at the track, a TAB outlet, a TAB in a pub or club, by telephone, online (e.g. using a laptop, tablet or smartphone), or by interactive TV. <u>DO NOT</u> include informal bets with friends/workmates on such things as NRL, Super 15 Rugby, Melbourne Cup, etc.)	1	2	3	4
j	Bet money on a sporting event, other than horse or dog races ( <u>includes</u> any bets made in New Zealand, overseas or with an overseas betting organisation, whether at a TAB outlet, a TAB in a pub or club, by telephone, online (e.g. using a laptop, tablet or smartphone) or by interactive TV. <u>DO NOT</u> include informal bets with friends/workmates on such things as NRL, Super 15 Rugby, Melbourne Cup, etc.)	1	2	3	4
k	Played a gaming machine or pokies, table game or any other game at an overseas casino (in person, not online)	1	2	3	4
l	Played a gaming machine or pokies, table game or any other game at one of the six casinos (in NZ)	1	2	3	4
m	Played a gaming machine or pokies in a pub (not in a casino or club)	1	2	3	4
n	Played a gaming machine or pokies in a club (not in a casino or pub)	1	2	3	4
o	Spent money on any online gambling activity (e.g. using a laptop, tablet or smartphone) <u>excluding</u> NZ Lotto or NZ TAB online purchases?	1	2	3	4

PLAYED CARDS FOR MONEY (NOT IN A CASINO)

Programmer: If 1 recorded in 1.02a, go to 1.03.  
Otherwise, go to instruction prior to 1.16.

1.03 You said that you played cards for money (not in a casino) in the last 12 months. About how often do you play cards for money, other than in a casino? This includes in a commercial venue (eg, a pub), with friends or family in a private residence or by telephone DO NOT INCLUDE: playing cards for money, online (eg, via the internet through a PC, laptop, iPad, iPhone or other handheld device), or interactive TV. Do you do it ... [Read out all and select one]

- 1 At least once a week
- 2 Less than once a week but at least once a month
- 3 Less than once a month but at least once in the last year
- 4 Less frequently than once a year
- 5 Other (Specify) \_\_\_\_\_
- 6 Never →

DO NOT READ OUT:
8 Don't know
9 Refused

1.04 When you play cards for money, not in a casino, how much do you usually spend in a typical month?

Record to the nearest dollar, e.g. \$60 = 60  
 Do not record cents, e.g. \$2.50 = 3  
 If respondent says between two amounts, i.e. \$40 to \$50, record the average of 45  
 Enter numbers only; that is, no commas, symbols, letters or decimal points, e.g. for \$10,000, enter 10000  
 The minimum you can enter is 1, and the maximum you can enter is 99999  
 You can't record more than 5 digits  
 If "Don't know", enter 99998  
 If "Refused", enter 99999

\$ \_\_\_\_\_

1.05 About how often do you play cards for money online (eg, via the internet through a PC, laptop, mobile phone, tablet or any other handheld device), or interactive TV? Do not include cards for money in a commercial venue or with friends or family in a private residence. Do you do it ... [Read out all and select one]

- 1 At least once a week
- 2 Less than once a week but at least once a month
- 3 Less than once a month but at least once in the last year
- 4 Less frequently than once a year
- 5 Other (Specify) \_\_\_\_\_
- 6 Never →

DO NOT READ OUT:
8 Don't know
9 Refused

Programmer: If 1.02a = 1 then 1.03 and 1.05 can't both = 6

**1.06 When you play cards for money online, about how much do you bet in a typical month?**

Record to the nearest dollar, e.g. \$60 = 60

Do not record cents, e.g. \$2.50 = 3

If respondent says between two amounts, i.e. \$40 to \$50, record the average of 45

Enter numbers only; that is, no commas, symbols, letters or decimal points, e.g. for \$10,000, enter 10000

The minimum you can enter is 1, and the maximum you can enter is 99999

You can't record more than 5 digits

If "Don't know", enter 99998

If "Refused", enter 99999

\$ \_\_\_\_\_

**1.07 During the Covid 19 lockdown levels (Level 4, level 3 etc) did your playing cards for money online increase, decrease or stay about the same? [Select one]**

- 1 Increase
- 2 Decrease
- 3 Stay the same
- 8 Don't know
- 9 Refused

**1.08 Would you say that when you play cards for money you mostly do this... [Read out all and select one]**

- 1 Online
- 2 In a commercial venue or a private residence
- 3 A mix of online and in a commercial venue or a private residence

DO NOT READ OUT:

- 8 Don't know
- 9 Refused

PLAYED POKER FOR MONEY (NOT IN A CASINO)

1.09 Thinking about the card games you played for money or prizes in the last 12 months, do they include poker? This includes in a commercial venue (eg, a pub but not a casino), with friends or family in a private residence or by telephone. Do not include playing poker for money online (eg, via the internet through a PC, laptop, iPad, iPhone or other handheld device), or interactive TV. **[Select one]**

- 1 Yes
  - 2 No
  - 8 Don't know
  - 9 Refused
- GO TO INSTRUCTION PRIOR TO 1.16

1.10 About how often do you play poker for money or prizes, excluding playing poker for money online? **[Read out all and select one]**

- 1 At least once a week
  - 2 Less than once a week but at least once a month
  - 3 Less than once a month but at least once in the last year
  - 4 Less frequently than once a year
  - 5 Other (Specify) \_\_\_\_\_
- GO TO 1.11
- 6 Never → GO TO 1.12
  - 8 Don't know → GO TO 1.11
  - 9 Refused → GO TO 1.12

1.11 When you play poker for money, not in a casino, how much do you usually spend in a typical month?

Record to the nearest dollar, e.g. \$60 = 60  
Do not record cents, e.g. \$2.50 = 3  
If respondent says between two amounts, i.e. \$40 to \$50, record the average of 45  
Enter numbers only; that is, no commas, symbols, letters or decimal points, e.g. for \$10,000, enter 10000  
The minimum you can enter is 1, and the maximum you can enter is 99999  
You can't record more than 5 digits  
If "Don't know", enter 99998  
If "Refused", enter 99999

\$ \_\_\_\_\_

1.12 About how often do you play poker for money online (eg, via the internet through a PC, laptop, mobile phone, tablet or any other handheld device), or interactive TV? Do not include poker for money in a commercial venue or with friends or family in a private residence. Do you do it ... **[Read out all and select one]**

- 1 At least once a week
  - 2 Less than once a week but at least once a month
  - 3 Less than once a month but at least once in the last year
  - 4 Less frequently than once a year
  - 5 Other (Specify) \_\_\_\_\_
- GO TO 1.13
- 6 Never → GO TO 1.16
  - 8 Don't know → GO TO 1.13
  - 9 Refused → GO TO 1.16

Programmer: If 1.09 = 1 then 1.10 and 1.12 can't both = 6



**1.13 When you play poker for money online, about how much do you bet in a typical month?**

**Record to the nearest dollar, e.g. \$60 = 60**

**Do not record cents, e.g. \$2.50 = 3**

**If respondent says between two amounts, i.e. \$40 to \$50, record the average of 45**

**Enter numbers only; that is, no commas, symbols, letters or decimal points, e.g. for \$10,000, enter 10000**

**The minimum you can enter is 1, and the maximum you can enter is 99999**

**You can't record more than 5 digits**

**If "Don't know", enter 99998**

**If "Refused", enter 99999**

**\$ \_\_\_\_\_**

**1.14 During the Covid 19 lockdown levels (Level 4, level 3 etc) did your playing poker for money online increase, decrease or stay about the same? [Select one]**

- 1 Increase
- 2 Decrease
- 3 Stay the same
- 8 Don't know
- 9 Refused

**Programmer: If 1.12 = Never or Refused, go to instruction prior to 1.16.**

**1.15 Would you say that when you play poker for money you mostly do this... [Read out all and select one]**

- 1 Online
- 2 In a commercial venue or a private residence
- 3 A mix of online and in a commercial venue or a private residence

**DO NOT READ OUT:**

- 8 Don't know
- 9 Refused

MADE BETS WITH FRIENDS, WORKMATES, ON SUCH THINGS AS THE SUPER 15 RUGBY, NRL, MELBOURNE CUP

**Programmer: If 1 recorded in 1.02b, go to 1.16.  
Otherwise, go to instruction prior to 1.18.**

**1.16 You said that you made bets with friends, workmates, on such things as the Super 15 Rugby for money or prizes in the last 12 months. About how often do you make bets with friends, workmates, on such things as the Super 15 Rugby? Do you do it ... [Read out all and select one]**

- 1 At least once a week
- 2 Less than once a week but at least once a month
- 3 Less than once a month but at least once in the last year
- 4 Less frequently than once a year
- 5 Other (Specify) \_\_\_\_\_

**DO NOT READ OUT:**

- 8 Don't know
- 9 Refused

**1.17 When you make bets with friends, workmates, on such things as the Super 15 Rugby, how much do you usually spend in a typical month?**

**Record to the nearest dollar, e.g. \$60 = 60**

**Do not record cents, e.g. \$2.50 = 3**

**If respondent says between two amounts, i.e. \$40 to \$50, record the average of 45**

**Enter numbers only; that is, no commas, symbols, letters or decimal points, e.g. for \$10,000, enter 10000**

**The minimum you can enter is 1, and the maximum you can enter is 99999**

**You can't record more than 5 digits**

**If "Don't know", enter 99998**

**If "Refused", enter 99999**

**\$ \_\_\_\_\_**

PLAYED A TEXT GAME OR COMPETITION

**Programmer: If 1 recorded in 1.02c, go to 1.18.  
Otherwise, go to instruction prior to 1.20.**

**1.18 You said that you played a text game or competition in the last 12 months. About how often do you play a text game or competition? Do you do it ... [Read out all and select one]**

- 1 At least once a week
- 2 Less than once a week but at least once a month
- 3 Less than once a month but at least once in the last year
- 4 Less frequently than once a year
- 5 Other (Specify) \_\_\_\_\_

DO NOT READ OUT:

- 8 Don't know
- 9 Refused

**1.19 When you play a text game or competition, how much do you usually spend in a typical month?**

**Record to the nearest dollar, e.g. \$60 = 60**

**Do not record cents, e.g. \$2.50 = 3**

**If respondent says between two amounts, i.e. \$40 to \$50, record the average of 45**

**Enter numbers only; that is, no commas, symbols, letters or decimal points, e.g. for \$10,000, enter 10000**

**The minimum you can enter is 1, and the maximum you can enter is 99999**

**You can't record more than 5 digits**

**If "Don't know", enter 99998**

**If "Refused", enter 99999**

**\$ \_\_\_\_\_**

BOUGHT A TICKET IN A NZ RAFFLE OR LOTTERY (DOES NOT INCLUDE LOTTERIES COMMISSION GAMES: LOTTO; STRIKE; POWERBALL; KENO; OR INSTANT KIWI)

**Programmer: If 1 recorded in 1.02d, go to 1.20.  
Otherwise, go to instruction prior to 1.22.**

**1.20 You said that you had bought a ticket in a NZ raffle or lottery (not including Lotteries Commission games: Lotto; Strike; Powerball; Keno; or Instant Kiwi) in the last 12 months. About how often do you buy a ticket in a NZ raffle or lottery, either by yourself or as part of a syndicate? Do you do it ...**  
**[Read out all and select one]**

- 1 At least once a week
- 2 Less than once a week but at least once a month
- 3 Less than once a month but at least once in the last year
- 4 Less frequently than once a year
- 5 Other (Specify) \_\_\_\_\_

DO NOT READ OUT: 8 Don't know 9 Refused
---

**1.21 When you buy a ticket in a NZ raffle or lottery either by yourself or as part of a syndicate, how much do you usually spend in a typical month?**

**Record to the nearest dollar, e.g. \$60 = 60**

**Do not record cents, e.g. \$2.50 = 3**

**If respondent says between two amounts, i.e. \$40 to \$50, record the average of 45**

**Enter numbers only; that is, no commas, symbols, letters or decimal points, e.g. for \$10,000, enter 10000**

**The minimum you can enter is 1, and the maximum you can enter is 99999**

**You can't record more than 5 digits**

**If "Don't know", enter 99998**

**If "Refused", enter 99999**

**\$ \_\_\_\_\_**

BOUGHT A LOTTERIES COMMISSION LOTTO TICKET (THIS INCLUDES STRIKE; POWERBALL)

**Programmer: If 1 recorded in 1.02e, go to 1.22.  
Otherwise, go to instruction prior to 1.28.**

**1.22 You said that you had bought a Lotteries Commission Lotto ticket for a Wednesday or Saturday draw in the last 12 months. This can be done online or in person from a store. Firstly, about how often do you buy Lotto tickets online from the MyLotto website (e.g. using a laptop, tablet or smartphone), either by yourself or as part of a syndicate? Do you do it ... [Read out all and select one]**

- 1 At least once a week
  - 2 Less than once a week but at least once a month
  - 3 Less than once a month but at least once in the last year
  - 4 Less frequently than once a year
  - 5 Other (Specify) \_\_\_\_\_
- 6 Never → GO TO 1.25
- 8 Don't know → GO TO 1.23
- 9 Refused → GO TO 1.25
- GO TO 1.23

**1.23 When you buy Lotto tickets either by yourself or as part of a syndicate online from the MyLotto website, how much do you usually spend in a typical month?**

**Record to the nearest dollar, e.g. \$60 = 60  
Do not record cents, e.g. \$2.50 = 3  
If respondent says between two amounts, i.e. \$40 to \$50, record the average of 45  
Enter numbers only; that is, no commas, symbols, letters or decimal points, e.g. for \$10,000, enter 10000  
The minimum you can enter is 1, and the maximum you can enter is 99999  
You can't record more than 5 digits  
If "Don't know", enter 99998  
If "Refused", enter 99999**

\$ \_\_\_\_\_

**1.24 During the Covid 19 lockdown levels (Level 4, level 3 etc) did your online Lotto ticket purchases increase, decrease or stay about the same? [Select one]**

- 1 Increase
- 2 Decrease
- 3 Stay the same
- 8 Don't know
- 9 Refused

**1.25 About how often do you buy Lotto tickets in person from a store, either by yourself or as part of a syndicate? This includes situations where you are part of a syndicate but you do not personally purchase the ticket (another member of your syndicate does). Do you do it ...[\[Read out all and select one\]](#)**

- 1 At least once a week
  - 2 Less than once a week but at least once a month
  - 3 Less than once a month but at least once in the last year
  - 4 Less frequently than once a year
  - 5 Other (Specify) \_\_\_\_\_
- } → GO TO 1.26
- 6 Never → GO TO INSTRUCTION PRIOR TO 1.28
  - 8 Don't know → GO TO 1.26
  - 9 Refused → GO TO INSTRUCTION PRIOR TO 1.28

**Programmer: If 1.02e = 1 then 1.22 and 1.25 can't both = 6**

**1.26 When you buy Lotto tickets either by yourself or as part of a syndicate in person from a store, how much do you usually spend in a typical month?**

**Record to the nearest dollar, e.g. \$60 = 60**  
**Do not record cents, e.g. \$2.50 = 3**  
**If respondent says between two amounts, i.e. \$40 to \$50, record the average of 45**  
**Enter numbers only; that is, no commas, symbols, letters or decimal points, e.g. for \$10,000, enter 10000**  
**The minimum you can enter is 1, and the maximum you can enter is 99999**  
**You can't record more than 5 digits**  
**If "Don't know", enter 99998**  
**If "Refused", enter 99999**

\$ \_\_\_\_\_

**Programmer: If 1.25 = Never or Refused, go to instruction prior to 1.28.**

**1.27 Would you say that when you buy Lotto tickets you mostly do this... [\[Read out all and select one\]](#)**

- 1 Online
- 2 From a store
- 3 A mix of online and from a store

**DO NOT READ OUT:**  
8 Don't know  
9 Refused

BOUGHT A LOTTERIES COMMISSION KENO TICKET

Programmer: If 1 recorded in 1.02f, go to 1.28.  
Otherwise, go to instruction prior to 1.34.

1.28 You said that you had bought a Lotteries Commission Keno ticket in the last 12 months. This can be done online or in person from a store. Firstly, about how often do you buy Keno tickets online (e.g. using a laptop, tablet or smartphone) from the MyLotto website? Do you do it ... [Read out all and select one]

- 1 At least once a week
  - 2 Less than once a week but at least once a month
  - 3 Less than once a month but at least once in the last year
  - 4 Less frequently than once a year
  - 5 Other (Specify) \_\_\_\_\_
- } → GO TO 1.29
- 6 Never → GO TO 1.31
  - 8 Don't know → GO TO 1.29
  - 9 Refused → GO TO 1.31

1.29 When you buy Keno tickets online from the MyLotto website, how much do you usually spend in a typical month?

Record to the nearest dollar, e.g. \$60 = 60  
 Do not record cents, e.g. \$2.50 = 3  
 If respondent says between two amounts, i.e. \$40 to \$50, record the average of 45  
 Enter numbers only; that is, no commas, symbols, letters or decimal points, e.g. for \$10,000, enter 10000  
 The minimum you can enter is 1, and the maximum you can enter is 99999  
 You can't record more than 5 digits  
 If "Don't know", enter 99998  
 If "Refused", enter 99999

\$ \_\_\_\_\_

1.30 During the Covid 19 lockdown levels (Level 4, level 3 etc) did your online Keno ticket purchases increase, decrease or stay about the same? [Select one]

- 1 Increase
- 2 Decrease
- 3 Stay the same
- 8 Don't know
- 9 Refused

1.31 About how often do you buy Keno tickets in person from a store? Do you do it ... [Read out all and select one]

- 1 At least once a week
  - 2 Less than once a week but at least once a month
  - 3 Less than once a month but at least once in the last year
  - 4 Less frequently than once a year
  - 5 Other (Specify) \_\_\_\_\_
- } → GO TO 1.32
- 6 Never → GO TO 1.33
  - 8 Don't know → GO TO 1.32
  - 9 Refused → GO TO 1.33

Programmer: If 1.02f = 1 then 1.28 and 1.31 can't both = 6

**1.32 When you buy Keno tickets in person from a store, how much do you usually spend in a typical month?**

Record to the nearest dollar, e.g. \$60 = 60

Do not record cents, e.g. \$2.50 = 3

If respondent says between two amounts, i.e. \$40 to \$50, record the average of 45

Enter numbers only; that is, no commas, symbols, letters or decimal points, e.g. for \$10,000, enter 10000

The minimum you can enter is 1, and the maximum you can enter is 99999

You can't record more than 5 digits

If "Don't know", enter 99998

If "Refused", enter 99999

\$ \_\_\_\_\_

**1.33 Would you say that when you buy Keno tickets you mostly do this... [Read out all and select one]**

- 1 Online
- 2 From a store
- 3 A mix of online and from a store

DO NOT READ OUT:

- 8 Don't know
- 9 Refused



BOUGHT INSTANT KIWI TICKETS (INCLUDE OTHER SCRATCH TICKETS)

**Programmer: If 1 recorded in 1.02g, go to 1.34.  
Otherwise, go to instruction prior to 1.40.**

**1.34 You said that you had bought an Instant Kiwi ticket, or other Scratch ticket, in the last 12 months. This can be done online or in person from a store. Firstly, about how often do you play Instant Kiwi online (e.g. using a laptop, tablet or smartphone) on the MyLotto website? Do you do it ... [Read out all and select one]**

- 1 At least once a week
  - 2 Less than once a week but at least once a month
  - 3 Less than once a month but at least once in the last year
  - 4 Less frequently than once a year
  - 5 Other (Specify) \_\_\_\_\_
- 6 Never → GO TO 1.37
- 8 Don't know → GO TO 1.35
- 9 Refused → GO TO 1.37
- GO TO 1.35

**1.35 When you play Instant Kiwi online on the MyLotto website, how much do you usually spend in a typical month?**

**Record to the nearest dollar, e.g. \$60 = 60  
Do not record cents, e.g. \$2.50 = 3  
If respondent says between two amounts, i.e. \$40 to \$50, record the average of 45  
Enter numbers only; that is, no commas, symbols, letters or decimal points, e.g. for \$10,000, enter 10000  
The minimum you can enter is 1, and the maximum you can enter is 99999  
You can't record more than 5 digits  
If "Don't know", enter 99998  
If "Refused", enter 99999**

\$ \_\_\_\_\_

**1.36 During the Covid 19 lockdown levels (Level 4, level 3 etc) did your online Instant Kiwi purchases increase, decrease or stay about the same? [Select one]**

- 1 Increase
- 2 Decrease
- 3 Stay the same
- 8 Don't know
- 9 Refused

**1.37 And how often do you buy an Instant Kiwi ticket, or other Scratch ticket, in person from a store? [Read out all and select one]**

- 1 At least once a week
  - 2 Less than once a week but at least once a month
  - 3 Less than once a month but at least once in the last year
  - 4 Less frequently than once a year
  - 5 Other (Specify) \_\_\_\_\_
- 6 Never → GO TO 1.40
- 8 Don't know → GO TO 1.38
- 9 Refused → GO TO 1.40
- GO TO 1.38

**Programmer: If 1.02g = 1 then 1.34 and 1.37 can't both = 6**

**1.38 When you buy Instant Kiwi or other Scratch tickets from a store either by yourself or as part of a syndicate, how much do you usually spend in a typical month?**

**Record to the nearest dollar, e.g. \$60 = 60**

**Do not record cents, e.g. \$2.50 = 3**

**If respondent says between two amounts, i.e. \$40 to \$50, record the average of 45**

**Enter numbers only; that is, no commas, symbols, letters or decimal points, e.g. for \$10,000, enter 10000**

**The minimum you can enter is 1, and the maximum you can enter is 99999**

**You can't record more than 5 digits**

**If "Don't know", enter 99998**

**If "Refused", enter 99999**

**\$ \_\_\_\_\_**

**1.39 Would you say that when you buy Instant Kiwi or other Scratch tickets you mostly do this... [Read out all and select one]**

- 1 Online
- 2 From a store
- 3 A mix of online and from a store

**DO NOT READ OUT:**

**8 Don't know**

**9 Refused**

PLAYED HOUSIE OR BINGO IN THE LAST 12 MONTHS

Programmer: If 1 recorded in 1.02h, go to 1.40.  
Otherwise, go to instruction prior to 1.44.

1.40 You said that you had played housie or bingo in the last 12 months. About how often do you play a session of housie or bingo at a venue? Do you do it ... [Read out all and select one]

① Probe: 'One session means all the games you took part in at one time, eg, in one evening.'  
[Select one]

- 1 At least once a week } → GO TO 1.41
- 2 Less than once a week but at least once a month
- 3 Less than once a month but at least once in the last year
- 4 Less frequently than once a year
- 5 Other (Specify) \_\_\_\_\_
- 6 Never → GO TO 1.42
- 8 Don't know → GO TO 1.41
- 9 Refused → GO TO 1.42

1.41 Can you tell me how much you would normally spend in a typical month?

Record to the nearest dollar, e.g. \$60 = 60  
Do not record cents, e.g. \$2.50 = 3  
If respondent says between two amounts, i.e. \$40 to \$50, record the average of 45  
Enter numbers only; that is, no commas, symbols, letters or decimal points, e.g. for \$10,000, enter 10000  
The minimum you can enter is 1, and the maximum you can enter is 99999  
You can't record more than 5 digits  
If "Don't know", enter 99998  
If "Refused", enter 99999

\$ \_\_\_\_\_

1.42 About how often do you play a session of housie or bingo online through a website, or on your mobile phone or tablet? [Read out all and select one]

- 1 At least once a week } → GO TO 1.43
- 2 Less than once a week but at least once a month
- 3 Less than once a month but at least once in the last year
- 4 Less frequently than once a year
- 5 Other (Specify) \_\_\_\_\_
- 6 Never → GO TO INSTRUCTION PRIOR TO 1.44
- 8 Don't know → GO TO 1.43
- 9 Refused → GO TO INSTRUCTION PRIOR TO 1.44

Programmer: If 1.02h = 1 then 1.40 and 1.42 can't both = 6

1.43 Can you tell me how much you would normally spend in a typical month?

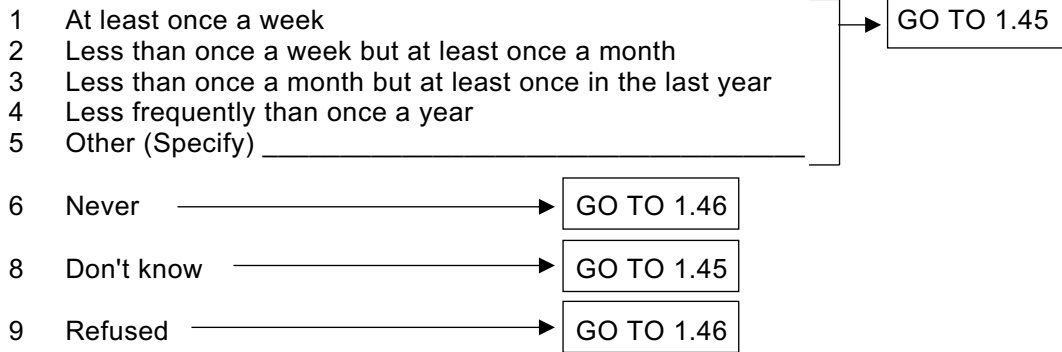
Record to the nearest dollar, e.g. \$60 = 60  
Do not record cents, e.g. \$2.50 = 3  
If respondent says between two amounts, i.e. \$40 to \$50, record the average of 45  
Enter numbers only; that is, no commas, symbols, letters or decimal points, e.g. for \$10,000, enter 10000  
The minimum you can enter is 1, and the maximum you can enter is 99999  
You can't record more than 5 digits  
If "Don't know", enter 99998  
If "Refused", enter 99999

\$ \_\_\_\_\_

BET MONEY ON A HORSE OR DOG RACE IN THE LAST 12 MONTHS

**Programmer: If 1 recorded in 1.02i, go to 1.44.  
Otherwise, go to instruction prior to 1.50.**

**1.44 You said that you had bet on a horse or dog race in the last 12 months. This can be done at the track, in person at the TAB, by phone, online and/or through an overseas betting organisation or website. Firstly, about how often do you go to a racetrack or in person at a TAB and place money on horse or dog races? [Read out all and select one]**

- 1 At least once a week
  - 2 Less than once a week but at least once a month
  - 3 Less than once a month but at least once in the last year
  - 4 Less frequently than once a year
  - 5 Other (Specify) \_\_\_\_\_
- 6 Never → GO TO 1.46
- 8 Don't know → GO TO 1.45
- 9 Refused → GO TO 1.46
- 

**1.45 When you go to a race track or in person at a TAB and place money on horse or dog races, about how much do you bet in a typical month?**

**Record to the nearest dollar, e.g. \$60 = 60**

**Do not record cents, e.g. \$2.50 = 3**

**If respondent says between two amounts, i.e. \$40 to \$50, record the average of 45**

**Enter numbers only; that is, no commas, symbols, letters or decimal points, e.g. for \$10,000, enter 10000**

**The minimum you can enter is 1, and the maximum you can enter is 99999**

**You can't record more than 5 digits**

**If "Don't know", enter 99998**

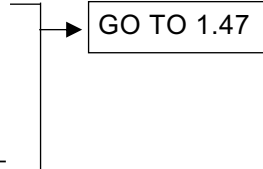
**If "Refused", enter 99999**

**\$ \_\_\_\_\_**

We have already asked you about your betting when you actually visited a racetrack and in person through a New Zealand TAB. The next question is about online bets on horse or dog races, that you made through the New Zealand TAB (e.g. using a laptop, tablet or smartphone).

1.46 About how often do you place money on horse or dog races through the New Zealand TAB online or by using the TAB mobile app? [Read out all and select one]

- 1 At least once a week
- 2 Less than once a week but at least once a month
- 3 Less than once a month but at least once in the last year
- 4 Less frequently than once a year
- 5 Other (Specify) \_\_\_\_\_



6 Never → GO TO 1.48

8 Don't know → GO TO 1.47

9 Refused → GO TO 1.48

Programmer: If 1.02i = 1 then 1.44 and 1.46 can't both = 6

1.47 When you place money on horse or dog races through the New Zealand TAB online or through the TAB mobile app, about how much do you bet in a typical month?

Record to the nearest dollar, e.g. \$60 = 60

Do not record cents, e.g. \$2.50 = 3

If respondent says between two amounts, i.e. \$40 to \$50, record the average of 45

Enter numbers only; that is, no commas, symbols, letters or decimal points, e.g. for \$10,000, enter 10000

The minimum you can enter is 1, and the maximum you can enter is 99999

You can't record more than 5 digits

If "Don't know", enter 99998

If "Refused", enter 99999

\$ \_\_\_\_\_

1.48 During the Covid 19 lockdown levels (Level 4, level 3 etc) did your betting on horse or dog races through the New Zealand TAB online or through the TAB mobile app increase, decrease or stay about the same? [Select one]

- 1 Increase
- 2 Decrease
- 3 Stay the same
- 8 Don't know
- 9 Refused

Programmer: If 1.46 = Never or Refused, go to instruction prior to 1.50.

1.49 Would you say that when you bet on horse or dog races you mostly do this... [Read out all and select one]

- 1 Online
- 2 At a racetrack or in person at a TAB
- 3 A mix of online and at a racetrack or in person at a TAB

DO NOT READ OUT:

- 8 Don't know
- 9 Refused

BET MONEY ON SPORTING EVENTS

Programmer: If 1 recorded in 1.02j, go to 1.50.  
Otherwise, go to instruction prior to 1.56.

1.50 You said that you had bet on a sporting event in the last 12 months. About how often do you place money on sporting events, other than horse or dog races, in person through the New Zealand TAB or at a TAB at a sporting event? [Read out all and select one]

- 1 At least once a week
  - 2 Less than once a week but at least once a month
  - 3 Less than once a month but at least once in the last year
  - 4 Less frequently than once a year
  - 5 Other (Specify) \_\_\_\_\_
- } → GO TO 1.51
- 6 Never → GO TO 1.52
  - 8 Don't know → GO TO 1.51
  - 9 Refused → GO TO 1.52

1.51 When you place money on sporting events through the New Zealand TAB or at a TAB at a sporting event, how much do you bet in a typical month?

Record to the nearest dollar, e.g. \$60 = 60  
 Do not record cents, e.g. \$2.50 = 3  
 If respondent says between two amounts, i.e. \$40 to \$50, record the average of 45  
 Enter numbers only; that is, no commas, symbols, letters or decimal points, e.g. for \$10,000, enter 10000  
 The minimum you can enter is 1, and the maximum you can enter is 99999  
 You can't record more than 5 digits  
 If "Don't know", enter 99998  
 If "Refused", enter 99999

\$ \_\_\_\_\_

1.52 About how often do you place money on sporting events, other than horse or dog races, through the New Zealand TAB online or by using the TAB mobile app. [Read out all and select one]

- 1 At least once a week
  - 2 Less than once a week but at least once a month
  - 3 Less than once a month but at least once in the last year
  - 4 Less frequently than once a year
  - 5 Other (Specify) \_\_\_\_\_
- } → GO TO 1.53
- 6 Never → GO TO 1.54
  - 8 Don't know → GO TO 1.53
  - 9 Refused → GO TO 1.54

Programmer: If 1.02j = 1 then 1.50 and 1.52 can't both = 6

1.53 When you place money on sporting events through the New Zealand TAB online or TAB mobile app, how much do you bet in a typical month?

Record to the nearest dollar, e.g. \$60 = 60

Do not record cents, e.g. \$2.50 = 3

If respondent says between two amounts, i.e. \$40 to \$50, record the average of 45

Enter numbers only; that is, no commas, symbols, letters or decimal points, e.g. for \$10,000, enter 10000

The minimum you can enter is 1, and the maximum you can enter is 99999

You can't record more than 5 digits

If "Don't know", enter 99998

If "Refused", enter 99999

\$ \_\_\_\_\_

1.54 During the Covid 19 lockdown levels (Level 4, level 3 etc) did your betting on sports events through the New Zealand TAB by telephone, online or through the TAB mobile app increase, decrease or stay about the same? **[Select one]**

- 1 Increase
- 2 Decrease
- 3 Stay the same
- 8 Don't know
- 9 Refused

**Programmer: If 1.52 = Never or Refused, go to instruction prior to 1.56.**

1.55 Would you say that when you bet on sports events you mostly do this... **[Read out all and select one]**

- 1 Online
- 2 In person at a TAB or at a TAB at an event
- 3 A mix of online and in person at a TAB

DO NOT READ OUT:

- 8 Don't know
- 9 Refused

PLAYED A GAMING MACHINE OR POKIE, TABLE GAMES OR ANY OTHER GAMES AT AN OVERSEAS CASINO (IN PERSON, NOT ONLINE) FOR MONEY

**Programmer: If 1 recorded in 1.02k, go to 1.56.  
Otherwise, go to instruction prior to 1.58.**

**1.56 You said that you played table games or pokies at an overseas casino (in person, not online) for money in the last 12 months. About how often do you play table games or pokies at an overseas casino? [Read out all and select one]**

- 1 At least once a week
  - 2 Less than once a week but at least once a month
  - 3 Less than once a month but at least once in the last year
  - 4 Less frequently than once a year
  - 5 Other (Specify) \_\_\_\_\_
- } → GO TO 1.57
- 6 Never → GO TO 1.58
  - 8 Don't know → GO TO 1.57
  - 9 Refused → GO TO 1.58

**1.57 When you play table games or pokies at an overseas casino, how much do you usually spend in a typical month?**

**Record to the nearest dollar, e.g. \$60 = 60  
Do not record cents, e.g. \$2.50 = 3  
If respondent says between two amounts, i.e. \$40 to \$50, record the average of 45  
Enter numbers only; that is, no commas, symbols, letters or decimal points, e.g. for \$10,000, enter 10000  
The minimum you can enter is 1, and the maximum you can enter is 99999  
You can't record more than 5 digits  
If "Don't know", enter 99998  
If "Refused", enter 99999**

**\$ \_\_\_\_\_**



NEW ZEALAND CASINOS GENERAL

**Programmer: If 1 recorded in 1.02I, go to 1.58.  
Otherwise, go to instruction prior to 1.65.**

**1.58 You said that you have played gaming machines or pokies, table games or other games at one of the six casinos in New Zealand in the last 12 months. About how often do you go to a NZ casino?  
[Read out all and select one]**

- 1 At least once a week
- 2 Less than once a week but at least once a month
- 3 Less than once a month but at least once in the last year
- 4 Less frequently than once a year
- 5 Other (Specify) \_\_\_\_\_

DO NOT READ OUT:

- 8 Don't know
- 9 Refused

**1.59 Did this include ... [Read out all and select one]**

- 1 Table games or other games
- 2 Gaming machine or pokies
- 3 Both

DO NOT READ OUT:

- 8 Don't know
- 9 Refused

GO TO INSTRUCTION PRIOR TO 1.65

**Programmer:**

**If 1 only coded in 1.59, ask 1.60**

**If 2 only coded in 1.59, ask 1.62.**

**If 3 coded in 1.59, ask both sets of questions.**

PLAYED TABLE GAMES IN A CASINO

**1.60** You said that you had played table games or other games not including gaming machines or pokies at one of the six casinos in New Zealand in the last 12 months. About how often do you play table games at a New Zealand casino? **[Read out all and select one]**

- 1 At least once a week
- 2 Less than once a week but at least once a month
- 3 Less than once a month but at least once in the last year
- 4 Less frequently than once a year
- 5 Other (Specify) \_\_\_\_\_

DO NOT READ OUT:

- 8 Don't know
- 9 Refused

**1.61** When you play table games at a New Zealand casino about how much do you usually spend in a typical month?

**Record to the nearest dollar, e.g. \$60 = 60**

**Do not record cents, e.g. \$2.50 = 3**

**If respondent says between two amounts, i.e. \$40 to \$50, record the average of 45**

**Enter numbers only; that is, no commas, symbols, letters or decimal points, e.g. for \$10,000, enter 10000**

**The minimum you can enter is 1, and the maximum you can enter is 99999**

**You can't record more than 5 digits**

**If "Don't know", enter 99998**

**If "Refused", enter 99999**

**\$ \_\_\_\_\_**

PLAYED GAMING MACHINES AT A NEW ZEALAND CASINO (NOT IN A PUB OR CLUB)

**Programmer: If 2 or 3 recorded in 1.59, go to 1.62.  
Otherwise, go to instruction prior to 1.65.**

**1.62 You said that you had played gaming machines at a New Zealand casino in the last 12 months. By gaming machines I mean slot, poker (pokies), fruit machines, or one armed bandits. About how often do you play gaming machines at a New Zealand casino? [Read out all and select one]**

- 1 At least once a week
- 2 Less than once a week but at least once a month
- 3 Less than once a month but at least once in the last year
- 4 Less frequently than once a year
- 5 Other (Specify) \_\_\_\_\_

DO NOT READ OUT:

- 8 Don't know
- 9 Refused

**1.63 When you play gaming machines at a New Zealand casino, how much do you usually spend in a typical month?**

**Record to the nearest dollar, e.g. \$60 = 60**

**Do not record cents, e.g. \$2.50 = 3**

**If respondent says between two amounts, i.e. \$40 to \$50, record the average of 45**

**Enter numbers only; that is, no commas, symbols, letters or decimal points, e.g. for \$10,000, enter 10000**

**The minimum you can enter is 1, and the maximum you can enter is 99999**

**You can't record more than 5 digits**

**If "Don't know", enter 99998**

**If "Refused", enter 99999**

**\$ \_\_\_\_\_**

**1.64 On an average day when you play gaming machines at a New Zealand casino, how long do you play for? Do you play ... [Read out all and select one]**

- 1 Up to 15 minutes
- 2 More than 15 minutes, and up to 30 minutes
- 3 More than 30 minutes, and up to one hour
- 4 More than one hour, and up to two hours
- 5 More than two hours, and up to three hours
- 6 More than three hours

DO NOT READ OUT:

- 8 Don't know
- 9 Refused

PLAYED GAMING MACHINES IN A PUB (NOT IN A CASINO OR CLUB)

**Programmer: If 1 recorded in 1.02m, go to 1.65.  
Otherwise, go to instruction prior to 1.68.**

**1.65 You said that you had played gaming machines that were in a pub in the last 12 months. By gaming machines I mean slot, poker (pokies), fruit machines, or one armed bandits. About how often do you play gaming machines in a pub? [Read out all and select one]**

- 1 At least once a week
- 2 Less than once a week but at least once a month
- 3 Less than once a month but at least once in the last year
- 4 Less frequently than once a year
- 5 Other (Specify) \_\_\_\_\_

DO NOT READ OUT:

- 8 Don't know
- 9 Refused

**1.66 When you play gaming machines in a pub, how much do you usually spend in a typical month?**

**Record to the nearest dollar, e.g. \$60 = 60**

**Do not record cents, e.g. \$2.50 = 3**

**If respondent says between two amounts, i.e. \$40 to \$50, record the average of 45**

**Enter numbers only; that is, no commas, symbols, letters or decimal points, e.g. for \$10,000, enter 10000**

**The minimum you can enter is 1, and the maximum you can enter is 99999**

**You can't record more than 5 digits**

**If "Don't know", enter 99998**

**If "Refused", enter 99999**

**\$ \_\_\_\_\_**

**1.67 On an average day when you play gaming machines in a pub, how long do you play for? Do you play ... [Read out all and select one]**

- 1 Up to 15 minutes
- 2 More than 15 minutes, and up to 30 minutes
- 3 More than 30 minutes, and up to one hour
- 4 More than one hour, and up to two hours
- 5 More than two hours, and up to three hours
- 6 More than three hours

DO NOT READ OUT:

- 8 Don't know
- 9 Refused

PLAYED GAMING MACHINES IN A CLUB (NOT IN A CASINO OR PUB)

**Programmer: If 1 recorded in 1.02n, go to 1.68.  
Otherwise, go to instruction prior to 1.71.**

**1.68 You said that you had played gaming machines that were in a club in the last 12 months. By gaming machines I mean slot, poker (pokies), fruit machines, or one armed bandits. About how often do you play gaming machines in a club? [Read out all and select one]**

- 1 At least once a week
- 2 Less than once a week but at least once a month
- 3 Less than once a month but at least once in the last year
- 4 Less frequently than once a year
- 5 Other (Specify) \_\_\_\_\_

DO NOT READ OUT:

- 8 Don't know
- 9 Refused

**1.69 When you play gaming machines in a club, how much do you usually spend in a typical month?**

**Record to the nearest dollar, e.g. \$60 = 60**

**Do not record cents, e.g. \$2.50 = 3**

**If respondent says between two amounts, i.e. \$40 to \$50, record the average of 45**

**Enter numbers only; that is, no commas, symbols, letters or decimal points, e.g. for \$10,000, enter 10000**

**The minimum you can enter is 1, and the maximum you can enter is 99999**

**You can't record more than 5 digits**

**If "Don't know", enter 99998**

**If "Refused", enter 99999**

**\$ \_\_\_\_\_**

**1.70 On an average day when you play gaming machines in a club, how long do you play for? Do you play ... [Read out all and select one]**

- 1 Up to 15 minutes
- 2 More than 15 minutes, and up to 30 minutes
- 3 More than 30 minutes, and up to one hour
- 4 More than one hour, and up to two hours
- 5 More than two hours, and up to three hours
- 6 More than three hours

DO NOT READ OUT:

- 8 Don't know
- 9 Refused

OTHER ONLINE GAMBLING

**Programmer: If 1 recorded in 1.02o, go to 1.71.  
Otherwise, go to 1.75a.**

**1.71 In the last 12 months, have you spent money online (e.g. using a laptop, tablet or smartphone) on any of the following gambling activities, excluding NZ Lotto or NZ TAB online purchases?  
[Read out all and select one for each]**

**1.72 About how often do you do this? [Select one for each mentioned in 1.71]**

**1.73 When you do any of these activities about how much do you bet in a typical month?**

**Record to the nearest dollar, e.g. \$60 = 60**

**Do not record cents, e.g. \$2.50 = 3**

**If respondent says between two amounts, i.e. \$40 to \$50, record the average of 45**

**Enter numbers only; that is, no commas, symbols, letters or decimal points, e.g. for \$10,000, enter 10000**

**The minimum you can enter is 1, and the maximum you can enter is 99999**

**You can't record more than 5 digits**

**If "Don't know", enter 99998**

**If "Refused", enter 99999**

Activity mentioned	1.71	1.72 Frequency	1.73 Amount
a. Placed a bet on an event through a website or app, for example, an election result or TV show?	1 Yes → 2 No 8 Don't know 9 Refused (GO TO b.)	1 At least once a week 2 Less than once a week but at least once a month 3 Less than once a month but at least once in the last year 4 Less frequently than once a year 5 Other (Specify) _____	\$ _____ 99998 Don't know 99999 Refused
b. Played for money on online casino table games such as roulette, etc?	1 Yes → 2 No 8 Don't know 9 Refused (GO TO c.)	1 At least once a week 2 Less than once a week but at least once a month 3 Less than once a month but at least once in the last year 4 Less frequently than once a year 5 Other (Specify) _____	\$ _____ 99998 Don't know 99999 Refused
c. Played for money on online pokies?	1 Yes → 2 No 8 Don't know 9 Refused (GO TO d.)	1 At least once a week 2 Less than once a week but at least once a month 3 Less than once a month but at least once in the last year 4 Less frequently than once a year 5 Other (Specify) _____	\$ _____ 99998 Don't know 99999 Refused
d. Played for money on online bingo?	1 Yes → 2 No 8 Don't know 9 Refused (GO TO e.)	1 At least once a week 2 Less than once a week but at least once a month 3 Less than once a month but at least once in the last year 4 Less frequently than once a year 5 Other (Specify) _____	\$ _____ 99998 Don't know 99999 Refused
e. Played for money on skill games online such as chess, scrabble, mah-jong, bridge, backgammon, etc?	1 Yes → 2 No 8 Don't know 9 Refused (GO TO f.)	1 At least once a week 2 Less than once a week but at least once a month 3 Less than once a month but at least once in the last year 4 Less frequently than once a year 5 Other (Specify) _____	\$ _____ 99998 Don't know 99999 Refused

Activity mentioned	1.71	1.72 Frequency	1.73 Amount
f. Placed a bet on a virtual race or sports event?	1 Yes → 2 No 8 Don't know 9 Refused (GO TO g.)	1 At least once a week 2 Less than once a week but at least once a month 3 Less than once a month but at least once in the last year 4 Less frequently than once a year 5 Other (Specify) _____	\$ _____ 99998 Don't know 99999 Refused
g. Spent money to open a loot box, crate or lockbox in a video game?	1 Yes → 2 No 8 Don't know 9 Refused (GO TO h.)	1 At least once a week 2 Less than once a week but at least once a month 3 Less than once a month but at least once in the last year 4 Less frequently than once a year 5 Other (Specify) _____	\$ _____ 99998 Don't know 99999 Refused
h. Participated in any other gambling activity online through a website or mobile app for money? <b>[Specify]:</b> _____	1 Yes → 2 No 8 Don't know 9 Refused (GO TO 1.74)	1 At least once a week 2 Less than once a week but at least once a month 3 Less than once a month but at least once in the last year 4 Less frequently than once a year 5 Other (Specify) _____	\$ _____ 99998 Don't know 99999 Refused
i. Participated in any other (second) gambling activity online through a website or mobile app for money? <b>[Specify]:</b> _____	1 Yes → 2 No 8 Don't know 9 Refused (GO TO 1.74)	1 At least once a week 2 Less than once a week but at least once a month 3 Less than once a month but at least once in the last year 4 Less frequently than once a year 5 Other (Specify) _____	\$ _____ 99998 Don't know 99999 Refused

**1.74 During the Covid 19 lockdown levels (Level 4, level 3 etc) did your other online betting increase, decrease or stay about the same? [Select one]**

- 1 Increase
- 2 Decrease
- 3 Stay the same
- 8 Don't know
- 9 Refused

**Programmer:**

The next question is to be asked only for people who did online gambling (of any type).  
 If any of 1.05, 1.12, 1.22, 1.28, 1.34, 1.46, 1.52 = 1 to 5, or any of 1.71a to i = 1,  
 (i.e. if respondent has ever gambled online), ask 1.75.

**1.75 Which of these would be your MAIN reason for gambling online? [Read out all and select ONE only]**

It's anonymous	1
Can do it from home	2
Can do it when it's most convenient to me	3
Bigger or better prizes or money	4
Easier to win/more chance of winning	5
More fun	6
Games not available in New Zealand	7
Other <b>[Specify]:</b> _____	8
DO NOT READ OUT: Don't know	98
DO NOT READ OUT: Refused	99

**1.76 a. Is there any other gambling activity (online or physically) that you have not mentioned that you have undertaken in the last 12 months for money or prizes (eg, participated in a casino evening for fundraising purposes)? [Select one]**

- 1 Yes → GO TO 1.76b
  - 2 No
  - 8 Don't know
  - 9 Refused
- } → GO TO 1.77

**b. What are those other gambling activities that you've undertaken in the last 12 months? [Record up to a maximum of FIVE activities Do NOT include Bonus Bonds]**

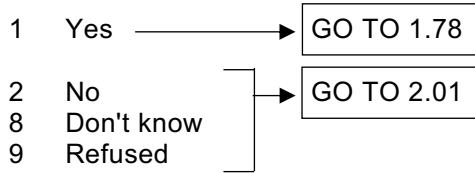
- 1. \_\_\_\_\_
- 2. \_\_\_\_\_
- 3. \_\_\_\_\_
- 4. \_\_\_\_\_
- 5. \_\_\_\_\_



METHODS TO STOP GAMBLING TOO MUCH

**Programmer: All respondents are to be asked 1.77.**




**1.77 Is there anything you think of, or do, to stop yourself from spending too much money and/or time on gambling? [Select one]**



**1.78 I am now going to read out some possible methods. Please say whether or not you have used that method to stop yourself spending too much money and/or time. [Read out and select one for each]**

**1.79 How effective is it in stopping you from gambling too much? [Read out all and select one for each mentioned in 1.78]**

Method	1.78 Used this method?	1.79 How effective?
a. Setting a dollar figure before leaving home	1 Yes → 2 No 8 Don't know 9 Refused (GO TO b.)	1 Very effective 2 Effective 3 Neither effective nor ineffective 4 Ineffective 5 Very ineffective DO NOT READ OUT: 8 Don't know 9 Refused
b. Getting someone you trust to manage the money	1 Yes → 2 No 8 Don't know 9 Refused (GO TO c.)	1 Very effective 2 Effective 3 Neither effective nor ineffective 4 Ineffective 5 Very ineffective DO NOT READ OUT: 8 Don't know 9 Refused
c. Separating money for betting from other money, and stopping when it is used up	1 Yes → 2 No 8 Don't know 9 Refused (GO TO d.)	1 Very effective 2 Effective 3 Neither effective nor ineffective 4 Ineffective 5 Very ineffective DO NOT READ OUT: 8 Don't know 9 Refused
d. Leaving ATM and credit cards at home	1 Yes → 2 No 8 Don't know 9 Refused (GO TO e.)	1 Very effective 2 Effective 3 Neither effective nor ineffective 4 Ineffective 5 Very ineffective DO NOT READ OUT: 8 Don't know 9 Refused
e. Setting a time limit	1 Yes → 2 No 8 Don't know 9 Refused (GO TO f.)	1 Very effective 2 Effective 3 Neither effective nor ineffective 4 Ineffective 5 Very ineffective DO NOT READ OUT: 8 Don't know 9 Refused

Method	1.78 Used this method?	1.79 How effective?
f. Avoiding places that have betting or gambling as an attraction	1 Yes  2 No 8 Don't know 9 Refused (GO TO g.)	1 Very effective 2 Effective 3 Neither effective nor ineffective 4 Ineffective 5 Very ineffective DO NOT READ OUT: 8 Don't know 9 Refused
g. Other [Specify]: _____ _____	1 Yes  2 No 8 Don't know 9 Refused (GO TO SECTION 2)	1 Very effective 2 Effective 3 Neither effective nor ineffective 4 Ineffective 5 Very ineffective DO NOT READ OUT: 8 Don't know 9 Refused
h. Other [Specify]: _____ _____	1 Yes  2 No 8 Don't know 9 Refused (GO TO SECTION 2)	1 Very effective 2 Effective 3 Neither effective nor ineffective 4 Ineffective 5 Very ineffective DO NOT READ OUT: 8 Don't know 9 Refused

## 2. GAMBLING LAPSES AND RELAPSES

**READ OUT:** "Please think about ALL the different types of gambling activities, which we have just asked you about."

**2.01** In the last 5 years, that is since 2015 has your overall involvement in these activities stayed the same, increased or decreased? **[Select one]**

- 1 Increased a lot
  - 2 Increased a little
  - 3 Stayed much the same
  - 4 Decreased a little
  - 5 Decreased a lot
- NOT ON SHOWCARD:  
8 Don't know  
9 Refused
- GO TO 2.02  
GO TO 2.04  
GO TO 2.03  
GO TO 2.04

**2.02** What were the main reasons for the increase in your gambling involvement since 2015? **[Read out and select or record all mentioned]**

- 1 I have more money to spend now
  - 2 I have more time now
  - 3 I have more opportunities to gamble
  - 4 Because of friends and family
  - 5 I wanted to/felt like gambling more
  - 6 I discovered online gambling (e.g. using a laptop, tablet or smartphone)
  - 7 My priorities have changed
  - 8 Covid 19 meant that I had to stay home and I had more free time
  - 9 There was a change in my health
  - 10 I became old enough to gamble
  - 11 Other **[Specify]:**
- DO NOT READ OUT:  
98 Don't know  
99 Refused
- GO TO 2.04  
GO TO 2.02a  
GO TO 2.04

**2.02a.** Did your health get better or worse? **[Select one]**

- 1 Health got better
  - 2 Health got worse
  - 8 Don't know
  - 9 Refused
- GO TO 2.04

**2.03 What were the main reasons for the decrease in your gambling involvement since 2015? [Read out and select or record all mentioned]**

- 1 I have less money to spend now
  - 3 I have less time/ I'm too busy now
  - 4 I have fewer opportunities to gamble
  - 5 I have lost interest in the activities I used to do
  - 6 My priorities have changed
  - 7 Covid 19 meant that I had to stay home and I could not go out
  - 8 There was a change in my health
  - 9 Other **[Specify]:**
- DO NOT READ OUT:  
98 Don't know  
99 Refused
- 
- ```
graph LR; 1[1 I have less money to spend now] --- J1; 3[3 I have less time/ I'm too busy now] --- J1; 4[4 I have fewer opportunities to gamble] --- J1; 5[5 I have lost interest in the activities I used to do] --- J1; 6[6 My priorities have changed] --- J1; 7[7 Covid 19 meant that I had to stay home and I could not go out] --- J1; J1 --> G1[GO TO 2.04]; 8[8 There was a change in my health] --- J2; 9[9 Other [Specify]:] --- J2; J2 --> G2[GO TO 2.03a]; J2 --> G3[GO TO 2.04];
```

**2.03a. Did your health get better or worse? [Select one]**

- 1 Health got better
- 2 Health got worse
- 8 Don't know
- 9 Refused

**2.04 In the last 5 years (i.e. since 2015) were there any periods when you stopped gambling totally?**  
**[Select one]**

- 1 Yes → GO TO 2.05
  - 2 No
  - 8 Don't know
  - 9 Refused
- } → GO TO 3.01

**2.05 How many times did you stop gambling totally?**

Record actual number of times.

**2.06 And for about how long did you stop gambling totally on each occasion?**

Record actual length of time in weeks for each occasion participant stopped gambling (coding note: if participant stopped more than three times, then just include details for the three main times in this question and subsequent questions).

**2.07 What was the reason you stopped gambling totally, on each occasion?**

Record verbatim reason for each occasion participant stopped gambling.

**2.08 And why did you start gambling again after each period of stopping?**

Record verbatim reason for each occasion participant started gambling again.

**Note: if respondent says haven't started again record this comment.**

| 2.05<br>No. of times | 2.06<br>Length of time | 2.07<br>Reason respondent stopped | 2.08<br>Reason respondent started |
|----------------------|------------------------|-----------------------------------|-----------------------------------|
| 1                    |                        |                                   |                                   |
| 2                    |                        |                                   |                                   |
| 3                    |                        |                                   |                                   |

### 3. HELP SEEKING

**READ OUT:** “Now I’d like to explore the way gambling has influenced your life.”

**3.01** Have you tried to get help to reduce or stop gambling in the past 5 years, whether informally from a friend or more formally from a health professional, website or online app? **[Select one]**

- 1 Yes → GO TO 3.02
  - 2 No
  - 8 Don't know
  - 9 Refused
- } → GO TO 4.01

**3.02** Why did you try to get help? **[Read out and select or record all mentioned]**

- 1 I felt my gambling was getting out of control
- 2 I had stopped gambling and then started again
- 3 My gambling was affecting my health
- 4 Other reason (record verbatim)

- 
- 8 Don't know
  - 9 Refused

**3.03 Where did you go for help? [Do not read out. Select or record all mentioned]**

**3.04 Who mainly referred you to get help? [Do not read out. Select or record one answer]**

**3.05 What type of help did you get? [Record verbatim]**

**For each one mentioned in 3.04, ask 3.05.**

**3.06 Why did you choose this type of help? [Record verbatim]**

**For each one mentioned in 3.05, ask 3.06.**

| 3.03 Where                                | 3.04 Who mainly referred                                                                      | 3.05 What type of help | 3.06 Why chosen |
|-------------------------------------------|-----------------------------------------------------------------------------------------------|------------------------|-----------------|
| a 1 Friends →                             | 1 Myself<br>2 Family/spouse/partner<br>3 Friend(s)/mates<br>4 Other (please specify)<br>_____ |                        |                 |
| b 2 Family →                              | 1 Myself<br>2 Family/spouse/partner<br>3 Friend(s)/mates<br>4 Other (please specify)<br>_____ |                        |                 |
| c 3 Helpline/ 0800 gambling helpline →    | 1 Myself<br>2 Family/spouse/partner<br>3 Friend(s)/mates<br>4 Other (please specify)<br>_____ |                        |                 |
| d 4 Other →<br>[Record verbatim]<br>_____ | 1 Myself<br>2 Family/spouse/partner<br>3 Friend(s)/mates<br>4 Other (please specify)<br>_____ |                        |                 |
| 8 Don't know<br>9 Refused                 |                                                                                               |                        |                 |

**3.07 How effective was this help overall? [Read out all and select one]**

- 1 Very helpful
- 2 Helpful
- 3 Neither helpful nor unhelpful
- 4 Unhelpful
- 5 Very unhelpful

DO NOT READ OUT:  
8 Don't know  
9 Refused

**Programmer: If only one mentioned in 3.03, or if Don't know or Refused in 3.03, go to 3.09.**

**3.08 a. Was there any one type of help that was particularly helpful for you? [Select one]**

- 1 Yes → GO TO 3.08b
- 2 No } → GO TO 3.09
- 8 Don't know }
- 9 Refused }

**b. What help was that? [Record verbatim]**

---

99 Refused

**3.09 And have you tried to get help to reduce or stop gambling in the past 12 months, whether informally from a friend or more formally from a health professional, website or online app? [Select one]**

- 1 Yes → GO TO 3.10
- 2 No } → GO TO 4.01
- 8 Don't know }
- 9 Refused }

**3.10 Where did you go for help? [Record verbatim]**

---

98 Don't know  
99 Refused

**3.11 Was your seeking help related to your gambling during the Covid 19 lockdown levels (Level 4, level 3 etc)? [Select one]**

- 1 Yes
- 2 No
- 8 Don't know
- 9 Refused



#### 4. PROBLEM GAMBLING

PGSI

**READ OUT:** "The next series of questions relate to gambling activity in the last 12 months."

**4.01** Thinking about the past 12 months, have you bet more than you could really afford to lose? Would you say never, sometimes, most of the time or almost always? **[Select one]**

- 1 Never
- 2 Sometimes
- 3 Most of the time
- 4 Almost always

|                                               |
|-----------------------------------------------|
| DO NOT READ OUT:<br>8 Don't know<br>9 Refused |
|-----------------------------------------------|

**4.02** Still thinking about the past 12 months, have you needed to gamble with larger amounts of money to get the same feeling of excitement? **[Read out all and select one]**

- 1 Never
- 2 Sometimes
- 3 Most of the time
- 4 Almost always

|                                               |
|-----------------------------------------------|
| DO NOT READ OUT:<br>8 Don't know<br>9 Refused |
|-----------------------------------------------|

**4.03** When you gambled, did you go back another day to try to win back money you lost? **[Read out all and select one]**

- 1 Never
- 2 Sometimes
- 3 Most of the time
- 4 Almost always

|                                               |
|-----------------------------------------------|
| DO NOT READ OUT:<br>8 Don't know<br>9 Refused |
|-----------------------------------------------|

**4.04** Have you borrowed money or sold anything to get money to gamble? **[Read out all and select one]**

- 1 Never
- 2 Sometimes
- 3 Most of the time
- 4 Almost always

|                                               |
|-----------------------------------------------|
| DO NOT READ OUT:<br>8 Don't know<br>9 Refused |
|-----------------------------------------------|

**4.05 Have you felt that you might have a problem with gambling? [Read out all and select one]**

- 1 Never
- 2 Sometimes
- 3 Most of the time
- 4 Almost always

DO NOT READ OUT:

- 8 Don't know
- 9 Refused

**4.06 Has gambling caused you any health problems, including stress or anxiety? [Read out all and select one]**

- 1 Never
- 2 Sometimes
- 3 Most of the time
- 4 Almost always

DO NOT READ OUT:

- 8 Don't know
- 9 Refused

**4.07 Have people criticised your betting or told you that you had a gambling problem, regardless of whether or not you thought it was true? [Read out all and select one]**

- 1 Never
- 2 Sometimes
- 3 Most of the time
- 4 Almost always

DO NOT READ OUT:

- 8 Don't know
- 9 Refused

**4.08 Has your gambling caused any financial problems for you or your household? [Read out all and select one]**

- 1 Never
- 2 Sometimes
- 3 Most of the time
- 4 Almost always

DO NOT READ OUT:

- 8 Don't know
- 9 Refused

**4.09 Have you felt guilty about the way you gamble or what happens when you gamble? [Read out all and select one]**

- 1 Never
- 2 Sometimes
- 3 Most of the time
- 4 Almost always

DO NOT READ OUT:

- 8 Don't know
- 9 Refused

## SHORT GAMBLING HARM SCREEN (SGHS)

**4.10** These next questions are about how gambling can affect people in a negative way. In the last 12 months, have you experienced any of the following issues as a result of your gambling... [Read out a. to j. and select one for each]

|    | Statement                                                                                         | Yes | No | (DO NOT READ OUT)<br>Refused | (DO NOT READ OUT)<br>Don't know |
|----|---------------------------------------------------------------------------------------------------|-----|----|------------------------------|---------------------------------|
| a. | Reduction of your available spending money                                                        | 1   | 2  | 3                            | 4                               |
| b. | Reduction of your savings                                                                         | 1   | 2  | 3                            | 4                               |
| c. | Less spending on recreational expenses such as eating out, going to movies or other entertainment | 1   | 2  | 3                            | 4                               |
| d. | Had regrets that made you feel sorry about your gambling                                          | 1   | 2  | 3                            | 4                               |
| e. | Felt ashamed of your gambling                                                                     | 1   | 2  | 3                            | 4                               |
| f. | Sold personal items                                                                               | 1   | 2  | 3                            | 4                               |
| g. | Increased credit card debt                                                                        | 1   | 2  | 3                            | 4                               |
| h. | Spent less time with people you care about                                                        | 1   | 2  | 3                            | 4                               |
| i. | Felt distressed about your gambling                                                               | 1   | 2  | 3                            | 4                               |
| j. | Felt like a failure                                                                               | 1   | 2  | 3                            | 4                               |

5. PLAYING GAMBLING TYPE GAMES NOT FOR MONEY OR PRIZES

**READ OUT:** “The next set of questions is NOT about gambling but is about playing gambling type games not for money or prizes.”

5.01 In the last 12 months, have you played any of the following NOT for money or prizes, eg, for points? Which of these have you done? [Read out all and select one for each]

5.02 About how often do you participate in non-money based internet gambling activities? [Read out all and select one for each]

| 5.01 Gambling Type Game                                                                   | 5.01 Yes No                                                | Q5.02 Frequency?                                                                                                                                                                                                                                             |
|-------------------------------------------------------------------------------------------|------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| a. "Fantasy Football, Virtual Rugby, etc"                                                 | 1 Yes →<br>2 No<br>8 Don't know<br>9 Refused<br>(GO TO b.) | 1 At least once a week<br>2 Less than once a week but at least once a month<br>3 Less than once a month but at least once in the last year<br>4 Less frequently than once a year<br>5 Other (Specify) _____<br>DO NOT READ OUT:<br>8 Don't know<br>9 Refused |
| b. "Played online poker (e.g. using a laptop, tablet or smartphone)"                      | 1 Yes →<br>2 No<br>8 Don't know<br>9 Refused<br>(GO TO c.) | 1 At least once a week<br>2 Less than once a week but at least once a month<br>3 Less than once a month but at least once in the last year<br>4 Less frequently than once a year<br>5 Other (Specify) _____<br>DO NOT READ OUT:<br>8 Don't know<br>9 Refused |
| c. "Played other online casino games such as blackjack, roulette, etc"                    | 1 Yes →<br>2 No<br>8 Don't know<br>9 Refused<br>(GO TO d.) | 1 At least once a week<br>2 Less than once a week but at least once a month<br>3 Less than once a month but at least once in the last year<br>4 Less frequently than once a year<br>5 Other (Specify) _____<br>DO NOT READ OUT:<br>8 Don't know<br>9 Refused |
| d. "Played online bingo"                                                                  | 1 Yes →<br>2 No<br>8 Don't know<br>9 Refused<br>(GO TO e.) | 1 At least once a week<br>2 Less than once a week but at least once a month<br>3 Less than once a month but at least once in the last year<br>4 Less frequently than once a year<br>5 Other (Specify) _____<br>DO NOT READ OUT:<br>8 Don't know<br>9 Refused |
| e. "Played skill games online such as chess, scrabble, mah-jong, bridge, backgammon, etc" | 1 Yes →<br>2 No<br>8 Don't know<br>9 Refused<br>(GO TO f.) | 1 At least once a week<br>2 Less than once a week but at least once a month<br>3 Less than once a month but at least once in the last year<br>4 Less frequently than once a year<br>5 Other (Specify) _____<br>DO NOT READ OUT:<br>8 Don't know<br>9 Refused |

|                                                                                                                                      |                                                                                     |                                                                                                                                                                                                                                                                                                 |
|--------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>f. "Played pokie machines on a free to play site"</p>                                                                             | <p>1 Yes →</p> <p>2 No</p> <p>8 Don't know</p> <p>9 Refused</p> <p>(GO TO g.)</p>   | <p>1 At least once a week</p> <p>2 Less than once a week but at least once a month</p> <p>3 Less than once a month but at least once in the last year</p> <p>4 Less frequently than once a year</p> <p>5 Other (Specify) _____</p> <p>DO NOT READ OUT:</p> <p>8 Don't know</p> <p>9 Refused</p> |
| <p>g. "Participated in any other gambling or lottery activity NOT for money or prizes"<br/><b>[Specify]:</b><br/>_____<br/>_____</p> | <p>1 Yes →</p> <p>2 No</p> <p>8 Don't know</p> <p>9 Refused</p> <p>(GO TO 5.03)</p> | <p>1 At least once a week</p> <p>2 Less than once a week but at least once a month</p> <p>3 Less than once a month but at least once in the last year</p> <p>4 Less frequently than once a year</p> <p>5 Other (Specify) _____</p> <p>DO NOT READ OUT:</p> <p>8 Don't know</p> <p>9 Refused</p> |

**Programmer: If No, Don't know or Refused selected in all of 5.01a to g, go to 5.05.**

**5.03 Which of these would be your MAIN reason for participating in non-money based gambling activities online? [Read out all and select ONE only]**

|                                                                   |    |
|-------------------------------------------------------------------|----|
| It doesn't cost me anything                                       | 1  |
| I see the adverts for it on my social media sites (e.g. Facebook) | 2  |
| Can do it when it's most convenient to me                         | 3  |
| It stops me from gambling with money                              | 4  |
| Something to do when I'm bored                                    | 5  |
| The apps are readily available                                    | 6  |
| My family/friends do this                                         | 7  |
| Other <b>[Specify]:</b> _____                                     | 8  |
| DO NOT READ OUT:                                                  |    |
| Don't know                                                        | 98 |
| Refused                                                           | 99 |

**5.04 During the Covid 19 lockdown levels (Level 4, level 3 etc) did your playing on a free online site increase, decrease or stay about the same? [Select one]**

- 1 Increase
- 2 Decrease
- 3 Stay the same
- 8 Don't know
- 9 Refused

**5.05 Has playing on a free online site ever led to you gambling for money on a pay site? [Select one]**

- 1 Yes
- 2 No
- 8 Don't know
- 9 Refused

## 6. INTERNET GAMING

**READ OUT:** “The next questions relate to your internet gaming activity during the past year (i.e., last 12 months). By internet gaming activity we mean any gaming-related activity that was played on either a computer/laptop, gaming console, mobile phone, tablet or any other kind of device online and/or offline. This could be games on a social media site such Facebook, action games or Massively Multiplayer Online (MMO and MOBA) games.”

**6.01 Have you taken part in any internet gaming in the past year? [Select one]**

- 1 Yes → GO TO 6.02
  - 2 No
  - 8 Don't know
  - 9 Refused
- } → GO TO 7.01

**6.02 About how often do you participate in internet gaming activities? [Read out all and select one]**

- 1 At least once a week
  - 2 Less than once a week but at least once a month
  - 3 Less than once a month but at least once in the last year
  - 4 Less frequently than once a year
  - 5 Other (Specify) \_\_\_\_\_
- } → GO TO 6.03

DO NOT READ OUT:

- 8 Don't know → GO TO 6.03
- 9 Refused → GO TO 6.03

### INTERNET GAMING DISORDER TEST (IGDT-10)

**6.03 When you were not playing, how often have you fantasised about gaming, thought of previous gaming sessions, and/or anticipated the next game? [Read out all and select one]**

- 1 Never
- 2 Sometimes
- 3 Often

DO NOT READ OUT:

- 8 Don't know
- 9 Refused

**6.04 How often have you felt restless, irritable, anxious and/or sad when you were unable to play or played less than usual? [Read out all and select one]**

- 1 Never
- 2 Sometimes
- 3 Often

DO NOT READ OUT:

- 8 Don't know
- 9 Refused

**6.05 Have you ever in the past 12 months felt the need to play more often or played for longer periods to feel that you have played enough? [Read out all and select one]**

- 1 Never
- 2 Sometimes
- 3 Often

DO NOT READ OUT:

- 8 Don't know
- 9 Refused

**6.06 Have you ever in the past 12 months unsuccessfully tried to reduce the time spent on gaming? [Read out all and select one]**

- 1 Never
- 2 Sometimes
- 3 Often

DO NOT READ OUT:

- 8 Don't know
- 9 Refused

**6.07 Have you ever in the past 12 months played games rather than meet your friends or participate in hobbies and pastimes that you used to enjoy before? [Read out all and select one]**

- 1 Never
- 2 Sometimes
- 3 Often

DO NOT READ OUT:

- 8 Don't know
- 9 Refused

**6.08 Have you played a lot despite negative consequences (for instance losing sleep, not being able to do well in school or work, having arguments with your family or friends, and/or neglecting important duties)? [Read out all and select one]**

- 1 Never
- 2 Sometimes
- 3 Often

DO NOT READ OUT:

- 8 Don't know
- 9 Refused

**6.09 Have you tried to keep your family, friends or other important people from knowing how much you were gaming or have you lied to them regarding your gaming? [Read out all and select one]**

- 1 Never
- 2 Sometimes
- 3 Often

DO NOT READ OUT:

- 8 Don't know
- 9 Refused

**6.10 Have you played to relieve a negative mood (for instance helplessness, guilt, or anxiety)? [Read out all and select one]**

- 1 Never
- 2 Sometimes
- 3 Often

DO NOT READ OUT:

- 8 Don't know
- 9 Refused

**6.11 Have you risked or lost a significant relationship because of gaming? [Read out all and select one]**

- 1 Never
- 2 Sometimes
- 3 Often

DO NOT READ OUT:

- 8 Don't know
- 9 Refused

**6.12 Have you ever in the past 12 months jeopardized your school or work performance because of gaming? [Read out all and select one]**

- 1 Never
- 2 Sometimes
- 3 Often

DO NOT READ OUT:

- 8 Don't know
- 9 Refused



## 7. LIFE EVENTS AND ONGOING HASSLES

**READ OUT:** “Now I’d like you to think about things that happened in your life during the past 5 years.”

**7.01** Which of the following life events did you experience in the past 5 years?  
 [Read out and select Yes or No for each mentioned]

| 7.01 Life Events Experienced |                                                                       | Yes | No | Ref-<br>used |
|------------------------------|-----------------------------------------------------------------------|-----|----|--------------|
| a.                           | “Death of someone close to you”                                       | 1   | 2  | 3            |
| b.                           | “Divorce or separation”                                               | 1   | 2  | 3            |
| c.                           | “Legal difficulties”                                                  | 1   | 2  | 3            |
| d.                           | “Major injury or illness to either yourself or someone close to you”  | 1   | 2  | 3            |
| e.                           | “Marriage or finding a relationship partner”                          | 1   | 2  | 3            |
| f.                           | “Troubles with your work, boss or superiors”                          | 1   | 2  | 3            |
| g.                           | “Retirement”                                                          | 1   | 2  | 3            |
| h.                           | “Pregnancy or new family additions”                                   | 1   | 2  | 3            |
| i.                           | “Major change to your financial situation”                            | 1   | 2  | 3            |
| j.                           | “Taking on a mortgage, loan or making a big purchase”                 | 1   | 2  | 3            |
| k.                           | “Increase in the number of arguments with someone you are close to”   | 1   | 2  | 3            |
| l.                           | “Moving house”                                                        | 1   | 2  | 3            |
| m.                           | “Moving to new town/city”                                             | 1   | 2  | 3            |
| n.                           | “Major change in living or work conditions (eg renovations, new job)” | 1   | 2  | 3            |
| o.                           | “Earthquake/natural disaster”                                         | 1   | 2  | 3            |

**7.01 p.** “Did you experience any other significant life event in the past 5 years?” [Select one]

- 1 Yes →
- 2 No      ] →
- 3 Refused ]

**7.01p Other** “Can I ask what that other significant life event was that you experienced?” [Record]

---

**Programmer: If No or Refused to all of Q7.01a to o, and No or Refused to 7.01p, Go To 8.01.**

**7.02 a. Did this/any particular life event trigger an increase in your gambling in the past 5 years? [Select one]**

- 1 Yes → GO TO 7.03
  - 2 No
  - 8 Don't know
  - 9 Refused
- } → GO TO 7.05

**7.03 Was the increase in your gambling permanent or only temporary? [Select one]**

- 1 Permanent
- 2 Temporary
- 8 Don't know
- 9 Refused

**Programmer: If only one life event mentioned in 7.01, and No or Refused to 7.01p, go to 7.05. Highlight all mentions in 7.01.**

**7.04 Which life event was the single biggest trigger in causing an increase in your gambling? [Read out all and select ONE only]**

- 1 Death of someone close to you
- 2 Divorce or separation
- 3 Legal difficulties
- 4 Major injury or illness to either yourself or someone close to you
- 5 Marriage or finding a relationship partner
- 6 Troubles with your work, boss or superiors
- 7 Retirement
- 8 Pregnancy or new family additions
- 9 Major change to your financial situation
- 10 Taking on a mortgage, loan or making a big purchase
- 11 Increase in the number of arguments with someone you are close to
- 12 Moving house
- 13 Moving to new town/city
- 14 Major change in living or work conditions (eg renovations, new job)
- 15 Earthquake/natural disaster
- 16 Other significant life event **[Specify]:** \_\_\_\_\_

DO NOT READ OUT:  
98 Don't know  
99 Refused

**7.05 a. Did this/any particular life event trigger a decrease in your gambling in the past 5 years? [Select one]**

- 1 Yes → GO TO 7.06
  - 2 No
  - 8 Don't know
  - 9 Refused
- } → GO TO 8.01

**7.06 Was the decrease in your gambling permanent or only temporary? [Select one]**

- 1 Permanent
- 2 Temporary
- 8 Don't know
- 9 Refused

**Programmer: If only one life event mentioned in 7.01, and No or Refused to 7.01p, go to 8.01. Highlight all mentions in 7.01.**

**7.07 Which life event was the single biggest trigger in causing a decrease in your gambling? [Read out all and select ONE only]**

- 1 Death of someone close to you
- 2 Divorce or separation
- 3 Legal difficulties
- 4 Major injury or illness to either yourself or someone close to you
- 5 Marriage or finding a relationship partner
- 6 Troubles with your work, boss or superiors
- 7 Retirement
- 8 Pregnancy or new family additions
- 9 Major change to your financial situation
- 10 Taking on a mortgage, loan or making a big purchase
- 11 Increase in the number of arguments with someone you are close to
- 12 Moving house
- 13 Moving to new town/city
- 14 Major change in living or work conditions (eg renovations, new job)
- 15 Earthquake/natural disaster
- 16 Other significant life event **[Specify]:** \_\_\_\_\_

**DO NOT READ OUT:**  
98 Don't know  
99 Refused

## 8. MENTAL HEALTH

KESSLER

**READ OUT:** “The following questions ask about how you have been feeling during the past four weeks.”

**8.01** In the past four weeks, about how often did you feel tired out for no good reason? Is it ... **[Read out all and select one]**

- 1 None of the time
- 2 A little of the time
- 3 Some of the time
- 4 Most of the time
- 5 All of the time

DO NOT READ OUT:  
8 Don't know  
9 Refused

**8.02** In the past four weeks, about how often did you feel nervous? **[Read out all and select one]**

- 1 None of the time → GO TO 8.04
- 2 A little of the time
- 3 Some of the time
- 4 Most of the time
- 5 All of the time

DO NOT READ OUT: → GO TO 8.04  
8 Don't know  
9 Refused

**8.03** In the past four weeks, about how often did you feel so nervous that nothing could calm you down? **[Read out all and select one]**

- 1 None of the time
- 2 A little of the time
- 3 Some of the time
- 4 Most of the time
- 5 All of the time

DO NOT READ OUT:  
8 Don't know  
9 Refused

**8.04** In the past four weeks, about how often did you feel hopeless? **[Read out all and select one]**

- 1 None of the time
- 2 A little of the time
- 3 Some of the time
- 4 Most of the time
- 5 All of the time

DO NOT READ OUT:  
8 Don't know  
9 Refused

**8.05** In the past four weeks, about how often did you feel restless or fidgety? [\[Read out all and select one\]](#)

- 1 None of the time → GO TO 8.07
- 2 A little of the time
- 3 Some of the time → GO TO 8.06
- 4 Most of the time
- 5 All of the time

DO NOT READ OUT:  
8 Don't know → GO TO 8.07  
9 Refused

**8.06** In the past four weeks, about how often did you feel so restless you could not sit still? [\[Read out all and select one\]](#)

- 1 None of the time
- 2 A little of the time
- 3 Some of the time
- 4 Most of the time
- 5 All of the time

DO NOT READ OUT:  
8 Don't know  
9 Refused

**8.07** In the past four weeks, about how often did you feel depressed? [\[Read out all and select one\]](#)

- 1 None of the time
- 2 A little of the time
- 3 Some of the time
- 4 Most of the time
- 5 All of the time

DO NOT READ OUT:  
8 Don't know  
9 Refused

**8.08** In the past four weeks, about how often did you feel that everything was an effort? [\[Read out all and select one\]](#)

- 1 None of the time
- 2 A little of the time
- 3 Some of the time
- 4 Most of the time
- 5 All of the time

DO NOT READ OUT:  
8 Don't know  
9 Refused

**8.09** In the past four weeks, about how often did you feel so sad that nothing could cheer you up? [\[Read out all and select one\]](#)

- 1 None of the time
- 2 A little of the time
- 3 Some of the time
- 4 Most of the time
- 5 All of the time

DO NOT READ OUT:  
8 Don't know  
9 Refused

**8.10 In the past four weeks, about how often did you feel worthless? [Read out all and select one]**

- 1 None of the time
- 2 A little of the time
- 3 Some of the time
- 4 Most of the time
- 5 All of the time

DO NOT READ OUT:

- 8 Don't know
- 9 Refused

QUALITY OF LIFE (WHOQOL-8)

**READ OUT:** "This next set of questions asks how you feel about your quality of life, health or other areas of your life. We ask that you think about your life in the past 2 weeks."

**8.11 How satisfied are you with your health? Are you ... [Read out all and select one]**

- 1 Very dissatisfied
- 2 Dissatisfied
- 3 Neither dissatisfied nor satisfied
- 4 Satisfied
- 5 Very satisfied

DO NOT READ OUT:

- 8 Don't know
- 9 Refused

**8.12 How satisfied are you with your ability to perform your daily activities? [Read out all and select one]**

- 1 Very dissatisfied
- 2 Dissatisfied
- 3 Neither dissatisfied nor satisfied
- 4 Satisfied
- 5 Very satisfied

DO NOT READ OUT:

- 8 Don't know
- 9 Refused

**8.13 How satisfied are you with yourself? [Read out all and select one]**

- 1 Very dissatisfied
- 2 Dissatisfied
- 3 Neither dissatisfied nor satisfied
- 4 Satisfied
- 5 Very satisfied

DO NOT READ OUT:

- 8 Don't know
- 9 Refused

**8.14 How satisfied are you with your personal relationships? [Read out all and select one]**

- 1 Very dissatisfied
- 2 Dissatisfied
- 3 Neither dissatisfied nor satisfied
- 4 Satisfied
- 5 Very satisfied

DO NOT READ OUT:

- 8 Don't know
- 9 Refused

**8.15 How satisfied are you with the conditions of your living place? [Read out all and select one]**

- 1 Very dissatisfied
- 2 Dissatisfied
- 3 Neither dissatisfied nor satisfied
- 4 Satisfied
- 5 Very satisfied

DO NOT READ OUT:

- 8 Don't know
- 9 Refused

**8.16 Do you have enough energy for everyday life? [Read out all and select one]**

- 1 Not at all
- 2 A little
- 3 Moderately
- 4 Mostly
- 5 Completely

DO NOT READ OUT:

- 8 Don't know
- 9 Refused

**8.17 Have you enough money to meet your needs? [Read out all and select one]**

- 1 Not at all
- 2 A little
- 3 Moderately
- 4 Mostly
- 5 Completely

DO NOT READ OUT:

- 8 Don't know
- 9 Refused

**8.18 How would you rate your quality of life? Would you say it is... [Read out all and select one]**

- 1 Very poor
- 2 Poor
- 3 Neither poor nor good
- 4 Good
- 5 Very good

DO NOT READ OUT:

- 8 Don't know
- 9 Refused



## 9. ALCOHOL USE/MISUSE

### ALCOHOL USE (AUDIT-C)

**READ OUT:** "I would now like to ask you some questions about your alcohol consumption."

**9.01 In last 12 months how often do you have a drink containing alcohol?**

**Don't prompt answer. Wait and code.**

**[Select one]**

- 1 Monthly or less
- 2 Up to 4 times a month
- 3 Up to 3 times a week
- 4 4 or more times a week
- 5 I don't drink alcohol / I haven't drunk alcohol in the last year

GO TO 9.02

GO TO 10.01

DO NOT READ OUT:

- 8 Don't know
- 9 Refused

**9.02 How many drinks containing alcohol do you have on a typical day when you are drinking?**

**Take average and round to nearest whole number if necessary, e.g. if respondent says 4 or 5, the average is 4.5, and so round to nearest whole number = 5.**

**[Read out all and select one]**

- 1 1 or 2
- 2 3 or 4
- 3 5 or 6
- 4 7 to 9
- 5 10 or more

DO NOT READ OUT:

- 8 Don't know
- 9 Refused

**9.03 How often do you have six or more drinks on one occasion? [Read out all and select one]**

- 1 Never
- 2 Less than monthly
- 3 Monthly
- 4 Weekly
- 5 Daily or almost daily

DO NOT READ OUT:

- 8 Don't know
- 9 Refused

## 10. SUBSTANCE USE/MISUSE

### TOBACCO

**READ OUT:** "Now some questions on smoking cigarettes or tobacco."

**10.01** Have you ever smoked cigarettes or tobacco at all, even just a few puffs? Please include pipes and cigars. Please also include e-cigarettes or vaping if these include tobacco. **[Select one]**

**If asked this does not include marijuana/cannabis**

- 1 Yes → GO TO 10.02
  - 2 No
  - 8 Don't know
  - 9 Refused
- } → GO TO 10.04

**10.02** Have you ever smoked a total of more than 100 cigarettes in your whole life? **[Select one]**

- 1 Yes
- 2 No
- 8 Don't know
- 9 Refused

**10.03** How often do you now smoke? **[Read out all and select one]**

- 1 You do not smoke now
- 2 At least once a day
- 3 At least once a week
- 4 At least once a month
- 5 Less often than once a month

DO NOT READ OUT:  
8 Don't know  
9 Refused

### OTHER DRUGS

**READ OUT:** "The next question is about other drugs."

**10.04** Have you used any drugs in the last 12 months for recreational purposes or to get high? Just say Yes or No. **[Select one]**

- 1 Yes → GO TO 10.05
  - 2 No
  - 8 Don't know
  - 9 Refused
- } → GO TO 11.01

**10.05** Was this cannabis (marijuana, hash, hash oil) or something else? **[Select one]**

- 1 Cannabis
- 2 Something else (Specify \_\_\_\_\_)
- 3 Both cannabis and something else (Specify the something else \_\_\_\_\_)
- 8 Don't know
- 9 Refused

## 11. HEALTH CONDITIONS

**11.01 Over the past 12 months, would you say that in general your health has been...**  
**[Read out all and select one]**

- 1 "Excellent"
- 2 "Very good"
- 3 "Good"
- 4 "Fair"
- 5 "Or poor?"

DO NOT READ OUT:

- 8 Don't know
- 9 Refused

**11.02 Do you have a disability that affected your day to day life over the past 12 months? [Select one]**

- 1 Yes
- 2 No
- 8 Don't know
- 9 Refused

## 12. NEW ZEALAND DEPRIVATION INDEX (NZDI)

**READ OUT:** “The following few questions are designed to identify people who have had special financial needs in the last 12 months. Although these questions may not apply directly to you, for completeness we need to ask them of everyone.”

**12.01** In the last 12 months have you personally been forced to buy cheaper food so that you could pay for other things you needed? **[Select one]**

- 1 Yes
- 2 No
- 8 Don't know
- 9 Refused

**12.02** In the last 12 months, have you been out of paid work at any time for more than one month? **[Select one]**

**This unemployment question is defined as ‘No’ for those 60 or over (e.g. retired), for full-time caregivers/home-makers or high school/university students**

- 1 Yes
- 2 No
- 8 Don't know
- 9 Refused

**12.03** In the last 12 months, did you yourself get income from any of the following sources: Domestic Purposes Benefit, Emergency Maintenance Allowance, Transitional Retirement Benefit, Independent Youth Benefit, Sickness/Invalid's Benefit, Orphans and Unsupported Child Benefit, or the Widow's Benefit? **[Select one]**

**Select ‘Yes’ only if respondent receives one or more of these benefits**

- 1 Yes
- 2 No
- 8 Don't know
- 9 Refused

**12.04** In the last 12 months, have you personally put up with feeling cold to save heating costs? **[Select one]**

- 1 Yes
- 2 No
- 8 Don't know
- 9 Refused

**12.05** In the last 12 months, have you personally made use of special food grants or food banks because you did not have enough money for food? **[Select one]**

- 1 Yes
- 2 No
- 8 Don't know
- 9 Refused

**12.06** In the last 12 months, have you personally continued wearing shoes with holes because you could not afford replacement? **[Select one]**

- 1 Yes
- 2 No
- 8 Don't know
- 9 Refused

**12.07** In the last 12 months have you personally gone without fresh fruit and vegetables, often, so that you could pay for other things you needed? [\[Select one\]](#)

- 1 Yes
- 2 No
- 8 Don't know
- 9 Refused

**12.08** In the last 12 months, have you personally received help in the form of clothes or money from a community organisation (like the Salvation Army)? [\[Select one\]](#)

- 1 Yes
- 2 No
- 8 Don't know
- 9 Refused

### 13. DEMOGRAPHICS

**READ OUT:** “This is the last section. The purpose of this section is to collect some general information about you and your household.”

**13.01** Which of these best describes you at the moment? **[Read out and select or record one]**  
**If necessary:** ‘Employment is considered full-time when an employee works an average of 30 hours or more each week, in any or all of their jobs, this includes Self-Employed.’  
‘Working in paid employment includes students if they have any paid employment.’

- 1 Working in paid employment: full time
- 2 Working in paid employment: part time
- 3 Not in paid work and looking for a job
- 4 Not in paid work, and not looking for a job: Student
- 5 Not in paid work and not looking for a job: Homemaker
- 6 Not in paid work and not looking for a job: Beneficiary
- 7 Not in paid work and not looking for a job: Retired
- 8 Other (Please specify \_\_\_\_\_)

|                                                 |
|-------------------------------------------------|
| DO NOT READ OUT:<br>98 Don't know<br>99 Refused |
|-------------------------------------------------|

**13.02 a.** **Apart from secondary school qualifications, do you have another completed qualification? Please do not count incomplete qualifications or qualifications that take less than 3 months of full-time study to get. Please tell me your highest qualification. [Select one]**

- 1 No qualification beyond secondary school
- 2 Bachelors degree, for example, BA, BSc
- 3 Bachelors degree with honours
- 4 Masters degree, for example, MA, MSc
- 5 PhD
- 6 Diploma (*not* post-graduate)
- 7 Diploma – post-graduate
- 8 Trade or technical certificate which took more than 3 months full-time study
- 9 Professional qualification, for example, ACA, teachers, nurses
- 10 Other → 

|              |
|--------------|
| GO TO 13.02b |
|--------------|

|              |
|--------------|
| GO TO 13.03a |
|--------------|

|                                                 |
|-------------------------------------------------|
| DO NOT READ OUT:<br>98 Don't know<br>99 Refused |
|-------------------------------------------------|

|              |
|--------------|
| GO TO 13.03a |
|--------------|

**b. What is your other highest qualification?**  
**[Record]** \_\_\_\_\_

**13.03 a. Thinking about the people in your household, who do you usually live with?**

**[Select all mentioned]**

**If needed: 'We are interested in people in different living situations.'**

**Programmer: 1 is a unique code**

- 1 Live alone →  GO TO 13.04
  - 2 Partner / husband / wife
  - 3 Mother
  - 4 Father
  - 5 Grandparents
  - 6 Brother / sister
  - 7 Aunt / Uncle
  - 8 Own children (including step children, foster, whangai)
  - 9 Grandson / granddaughter
  - 10 Niece / nephew
  - 11 Cousins
  - 12 Others' children (eg belong to someone else in household)
  - 13 Other family
  - 14 Friends
  - 15 Flatmates
  - 16 Other →  GO TO 13.03b
- DO NOT READ OUT:  
98 Don't know  
99 Refused →  GO TO 13.04
- GO TO 13.04

**b. Who is that other person or people that you live with?**

**[Record]** \_\_\_\_\_

**13.04 What is the total income that you personally got from all sources, before tax or anything was taken out of it, in the last 12 months? **[Read out all and select one]****

- 1 "Up to \$20,000"
- 2 "\$20,001 to \$40,000"
- 3 "\$40,001 to \$60,000"
- 4 "\$60,001 to \$80,000"
- 5 "\$80,001 to \$100,000"
- 6 "\$100,001 to \$120,000"
- 7 "\$120,001 to \$150,000"
- 8 "Or over \$150,000?"

DO NOT READ OUT:  
98 Don't know  
99 Refused

**Programmer:**

**If 1 - Live alone is selected in 13.03a, go to [THANK YOU] below.**

**Otherwise, ask 13.05.**

**13.05 What is the total income that your household got from all sources, before tax or anything was taken out of it, in the last 12 months? [Read out all and select one]**

- 1 "Up to \$20,000"
- 2 "\$20,001 to \$40,000"
- 3 "\$40,001 to \$60,000"
- 4 "\$60,001 to \$80,000"
- 5 "\$80,001 to \$100,000"
- 6 "\$100,001 to \$120,000"
- 7 "\$120,001 to \$150,000"
- 8 "\$150,001 to \$200,000"
- 9 "Or over \$200,000?"

DO NOT READ OUT:

98 Don't know

99 Refused

**[THANK YOU]**

**READ OUT:**

**"Thank you very much for answering these questions. Your answers will be very helpful in this study.**

**There are just a few more questions and then we have finished.**

**Any information you give me from now on will not be stored with your answers for the survey."**



### 14. CLOSING INFO

#### RECONTACT

**14.01 Could I please get your landline phone number? This is just so my Supervisor can call you to check my work, or to check you are happy with the way the interview was conducted. [Select one]**  
Again we need to ask these questions in case there have been any changes.

- 1 Yes
  - 2 Don't have one
  - 3 No
  - 8 Don't know
- } → GO TO 14.03

**14.02 Could I have that landline number including the area code please? [Record 9 digits]**

**Enter landline phone number: 00 000 0000, including area code.**

**If prefix 021, 025 or 027 is given, check for a landline number.**

|  |  |  |  |  |  |  |  |  |  |
|--|--|--|--|--|--|--|--|--|--|
|  |  |  |  |  |  |  |  |  |  |
|--|--|--|--|--|--|--|--|--|--|

**14.03 Would it be alright if I get your cell phone number? Sometimes it's easier to reach people this way.**

**[Select one]**

- 1 Yes
  - 2 Don't have one
  - 3 No
  - 8 Don't know
- } → GO TO 14.05

**14.04 Could I have that cell phone number, including the prefix please?**

**[Record between 9 (minimum) and 11 (maximum) digits]**

|  |  |  |  |  |  |  |  |  |  |  |
|--|--|--|--|--|--|--|--|--|--|--|
|  |  |  |  |  |  |  |  |  |  |  |
|--|--|--|--|--|--|--|--|--|--|--|

**14.05 Do you have an email address, in case we cannot contact you by phone? [Select one]**

- 1 Yes
- 2 No → GO TO 14.07

**14.06 Could I have that email address please? [Record email address]: \_\_\_\_\_**

**14.07 The Koha for this survey is a \$50 petrol voucher. Would you like us to send this to you?**

**[Select one]**

- 1 Yes
- 2 No

**14.08 Can I record your name please? [Select one]**

- 1 Yes
- 2 No → GO TO 14.10

**14.09 a. What title shall I put?**  
**For example: Mr, Mrs, Ms, Miss, Dr [Record] \_\_\_\_\_**

**b. "What is your first name?" [Record] \_\_\_\_\_**

**c. "And what is your surname or last name?" [Record] \_\_\_\_\_**

**14.10 Can I have your address please? [Select one]**

- 1 Yes
- 2 No →

**14.11 a. What is your street or road address? [Record]** \_\_\_\_\_  
**If necessary:** Eg: 12 Sycamore St or 47b Smith Rd.

**b. And the suburb (or rural delivery)? [Record]** \_\_\_\_\_

**c. And the town or city (or region)? [Record]** \_\_\_\_\_

**d. And lastly the postcode? [Record 4 digit postcode]**

**14.12 Would you be happy to be contacted within the next 2 years about the possibility of answering other questions on behalf of AUT?  
Saying yes to this question won't commit you, it just means they can contact you to ask if you would like to participate again. [Select one]**

- 1 Yes, you can contact me and ask if I want to help again
- 2 No, don't contact me again →

**14.13 Just in case you move house within the next two years, could you please give us the name of a family member or friend who would know your new contact details?**

- 1 Yes
- 2 No →

**14.14 a. Can I please have the full name of the family member or friend? [Record]** \_\_\_\_\_

**b. What is their best contact phone number? [Record]** \_\_\_\_\_

**c. And if they have one, could you give me their email address? [Select one]**

- 1 Yes
  - 2 No, don't have one
  - 3 No
- 

**d. Could I have that email address please?" [Record]** \_\_\_\_\_

**14.15 And just in case we are unable to contact them, could you give us the name of another person who would know your new contact details?**

- 1 Yes
- 2 No →

**14.16 a. Can I please have the full name of the other person? [Record]** \_\_\_\_\_

**b. What is their best contact phone number? [Record]** \_\_\_\_\_

**c. And if they have one, could you give me their email address? [Select one]**

- 1 Yes
  - 2 No, don't have one
  - 3 No
- 

**d. Could I have that email address please?" [Record]** \_\_\_\_\_

**[THANK AND CLOSE]**

**READ OUT:** “That’s all the questions I have to ask you.

On behalf of AUT (the Auckland University of Technology), thank you once again for talking with me.

I would like to reassure you that your answers remain confidential.

As I said, my name is Xxx and I’m from National Research Bureau.”

**[END SURVEY]**

### **Interviewer Administration Questions**

**From your Sampling Sheet, Record:**

- 1. Respondent’s Full Name**
- 2. Phone Number**
- 3. PSU & SH Number (six digits)**

**[DATE, TIME AND INTERVIEW DURATION RECORDED]**